



Old Age Homes

in Delhi & the NCR

FINDINGS FROM A RAPID SURVEY



1. The Home For The Aged, Delhi Christian Friend-in-Need Society, Vill- Asola Fetehpur Beri, New Delhi.
2. "Gharaunda" Paras Foundation, Asola Vill., Fatehpur Beri, New Delhi.
3. Saketdham/Anandham Vridh Ashram Vishwa Jagriti Mission, (Ananadham), Nangloi Najafgarh Road, Delhi.
4. NaB- Kaushlya Rani Home - For The Aged Blind, Narela, Delhi.
5. Kartar Vridh Ghar, Village Kaushak-II, G.T. Karnal Road, Delhi.
6. Shri Geeta Vridha Ashram, New Rajendra Nagar, New Delhi.
7. Shri Krishnadharm Vridhashram, Badshahi Marg, Vill.-Budhpur, Delhi.
8. Shantibhavan, Burari, Delhi.
9. Guru Vishram Vridh Ashram, Gautampuri, New Delhi.
10. Darshan Vishram Vridh Ashram, Indira Vikas Colony, Delhi.
11. Sukladham Vridh Ashram, Nijampur Road, Sawda Village, New Delhi.
12. Nirmal Hriday, Majnu ka tila, Magazine Road, Delhi.
13. Anand Niketan Vridh Sewa Ashram, Jan Kalyan Trust, Sector-55, Noida, UP.
14. Ozanam Home, Rosary School Complex, Radio Colony, Delhi.
15. Rana Senior Citizen Home, Freedom Fighter Enclave, Delhi.
16. IAF Senior Citizens Home, Tuglakabad Inst. Area, New Delhi.
17. Sabbarwal Vridhashram, Nagloi, Najafgarh Road, Delhi.
18. Aashirwad, Vikas Marg Extension, Delhi.
19. Ayudham Society For Old And Infirm, Rewala Khanpur, Near Najafgarh.
20. Manvayatan Society, Sector - 37, Noida.
21. St. Mary's Home for the Aged Women, Rajpur Road, New Delhi.
22. Godhuli Senior Citizens Home, Dwaraka, New Delhi.
23. Har-mit Trust & Home For Senior Citizens, Greater Kailash-I, New Delhi.
24. Old Age Home, (Janak Sewa Samiti), Sector 19, Faridabad.
25. Arya Mahila Ashram, New Rajinder Nagar, New Delhi.
26. Aradhana Senior Citizens, Bhagwan Das Lane, New Delhi.
27. Sandhya Home For Senior Citizens, Netaji Nagar, New Delhi.
28. Senior Citizen Home, Kalkaji, New Delhi.
29. Old Age Home (Delhi Govt.), Tilak Nagar, Delhi.
30. Hope Senior Citizens Home Society, New Palam Vihar- II, Gurgaon.
31. Balaji Vridhashram, NH-24, Ghaziabad.
32. Vridh Ashram, Triveni Devi Charitable Society, Qutabgarh Road, New Delhi.
33. Guru Nanak Sukhshala (Vridhashram), New Rajinder Nagar, New Delhi.
34. Elder Home Society, Sector 17, Rohini, New Delhi.
35. Bhagwatdham Dharmarth Varisith Nagrik Awas, Mayur Vihar Phase-1, Delhi.

 **HelpAge India**

SHELTER PROGRAMME

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 **HelpAge India**

Old Age Homes in **Delhi & National Capital Region**

Findings from a rapid survey

Shelter Programme

Programmes Department
Head Office, New Delhi

 **HelpAge India**

HelpAge India would like to express its gratitude to the following: Director, Department of Social Welfare, Government of NCT of Delhi and Managers/Governing Body Members of all listed Old Age Homes and, most importantly, the residents of homes.

November 2007

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FOREWORD

HelpAge India has been supporting Old Age Homes for several years. In the past 10-15 years, several new Old Age Homes have sprung up particularly in bigger cities and towns of India in response to a growing demand for such institutions. Apart from government sponsored ones there are a large number of privately run homes which provide certain facilities to the elderly for a cost or free of charge. However not much is known about these institutions, or how they function and the constraints and limitations they face.

This is a pioneering effort to document the facilities and constraints of Old Age Homes located in and around Delhi. Many lessons have been learned in the process but perhaps the most important one has been the surprising difficulty in getting information in this area.

Unlike other institutions like orphanages, for instance, even a rapid survey of old age homes can pose problems as this is a culturally sensitive part of the Indian psyche and social milieu. Both management and residents of homes were rather reticent and information was not easily forthcoming. While respecting this sensitivity, it is critical to get a grasp of the larger picture of what is happening before a meaningful intervention can be planned.

It is proposed to undertake similar documentation of Old Age Homes in other cities to design a planned response to address the rapid increase in demand for such facilities for different segments of society. A related issue being addressed by HelpAge India is the question of minimum standards in the areas of care giving and elder friendly construction and facilities.

Avenash Datta

Country Head

Programmes & Emergencies

CONTENTS

Foreword

□	Characteristics of OAHs	5
□	Intake Capacity and Criteria for Admission	6
□	Facilities and Services	8
□	Building and Aged Friendly Infrastructure	12
□	Staff Skills and Qualifications	12
□	Characteristics of Residents and Their Problems	13
□	Residents' Perception of Services	14
□	Delhi OAHs: Constraints & Limitations	15

Tables

•	OAHs in Delhi & NCR: Summary Details	18
•	List of 35 OAHs in Delhi & NCR	21
•	OAHs in Delhi & NCR: A Profile	25

OLD AGE HOMES IN DELHI & NATIONAL CAPITAL REGION

SUMMARY OF FINDINGS

A rapid survey was undertaken of Old Age Homes (OAHs) of Delhi and National Capital Region (NCR) in August-September, 2007. The specific objectives of the rapid survey were:

- ❑ To understand the functioning of the old age homes with regard to service provision
- ❑ To identify the critical gaps that would enable smooth functioning of the old age homes.

CHARACTERISTICS OF OAHs:

The rapid survey was carried out on a number of parameters to produce baseline information that could be helpful for any future intervention. A brief summary of this follows:

Year when established

Thirty old age homes were surveyed. It was found that 70 percent of the homes had been established in the recent period i.e. less than 10 years back and 15 percent started about 20 years back. Remaining 15 percent are as old as 50 years.

Nature and ownership of homes

All the thirty homes are residential in nature and 10 percent (3 out of 30) of them are government aided. The majority i.e. 27 homes do not have such assistance and are entirely (private in nature) based on private charity. About 7 percent (2 out of 30) homes are run by the philanthropists, 20 percent (6 out of 30) homes run



and managed by religious societies and remaining 60 percent (18 out of 30) are run by trusts/ NGO associations.

Type of accommodation

Survey data reveals that 20 percent homes have only dormitory facility with capacity of 4-12 beds. Fortyfive percent have mixed accommodation dormitory+single/double occupancy and 35 percent homes have single as well as double bed facility.

Charges for service provision

As regards charges which the elderly have to pay for their stay in these old age home, 14 homes are providing free services, 10 homes charge the residents and only 6 homes consider both pay and stay as well as have some seats reserved quota (about 10 %) for those who are unable to pay.

INTAKE CAPACITY AND CRITERIA FOR ADMISSION

Capacity and gender criteria

Regarding the capacity of the surveyed old age homes for accommodating the elderly, 4 homes may be considered large as

their intake capacity is between 100 to 150 and remaining can accommodate from 8 upto 100 residents. With regard to gender wise norms for accommodating the elderly, it can be noted from the summary details table (see p.18) only 10 percent or 3 homes are exclusively for women and remaining 90 percent have no specific gender criteria for admission.

Admission criteria

All the homes consider minimum age of 60 years but in case of disability some homes (about 20 percent) are ready to consider minimum age of 55 years. Economic consideration is the other criterion considered before admitting elderly resident. In this regard, managers of 10 homes have reported that they only admit those who are able to pay the required home's charges and are also physically fit and mentally sound. But 4 homes do not take any charge and consider the destitute and infirm only. Remaining 10 homes provide free services but elderly should be active and 6 homes have a mix of options and they charge according to the financial status of residents



With regard to donation only one paid home revealed that they took donation from the residents; remaining homes' did not disclose any details and treated the subject as confidential matter.

Demand for accommodating the elderly in the home

Thirty percent heads functioning as chief executives reported that they were unable to meet the demand and some of them had a long waiting list of people seeking admission (as was the situation in 3 paid, 5 free and 1 mixed (See table p.25). It has been seen that homes only for destitute are 100 percent full and the demand far exceeds existing capacity. In some free homes infact, the actual occupancy far exceeds the capacity. Also in the case of homes for elderly women there hardly exist any vacancies.

FACILITIES AND SERVICES PROVISION

All the homes are residential in nature. They are expected to have all the facilities and services that are necessary for daily living. These services and facilities are as follows:

Kitchen and diet facility

Most of the homes have their own kitchen with cook and helpers, or rely on facility of the trust/hospital with which they are attached. Only one home had no such facility but provides cook on demand and have given separate kitchen to each resident. All selected homes have a diet chart in keeping with requirement of the elderly.





Medical facility

The picture with respect to medical facility indicates that 20 percent (6 homes) studied have doctors visiting daily and remaining homes have facilities of doctors on call or a doctor visits the home on fixed days in a week. In case of emergency, six homes have own ambulance facility for the elderly.

Elderly are more prone to the diseases like arthritis, joint pains and other bone and muscle problems. Keeping this in mind, six homes have provided a physiotherapy centre.

The manager of only one home indicated that his home provided all medical facilities even heart surgery or other expensive treatment of the residents. Remaining homes have no such facility; only they can give moral support, and the elderly do their medical expenses themselves.

Two homes get Mobile Medical Unit (MMU) facility from HelpAge India (HI) and in the process of interaction with the manager and residents of the homes, they are happy with the services of the MMU.

Nursing facility

Nursing facility is one of the important facilities and our survey indicates that only 20



percent homes have such facility; Only one home has full time nurse and remaining have part time and on call basis. It is noted that from the managers of 80 (24 homes out of 30) percent homes, they have no nursing staff.

Laundry facility

Most the homes have washing machine and active elderly do wash their clothes themselves and in case of inability, homes provides laundry facility. It has been seen that in paid homes elderly do the laundry from out side.

Care Giving facility

Only 6 homes have care giving facility with staff who have training in ANM or as trained nurse.

Recreation and entertainment

This is the part of well being of elderly and this also provides emotional support to the elderly. It is found that seventy percent



homes offer activities like *satsang* (congregation), indoor games, cable television and place of worship, etc.

Twenty percent homes (6 homes out of 30) have campus temple (1-3) and also providing yoga and exercise.

Parks also provide the source of walking, exercising and for upkeeping the body to remain fit and refreshed.

It is found that 6 old age homes have own park in the campus and also greenery and walkway area are seen.

Some homes provide facilities for sports and games like card rooms, chess and it has been found that one-third of the 30 homes have such facility.

Twenty percent homes have library facility and 10 percent homes have library space but the facility is yet to be operational.

Outreach with local community is also an important part of emotional well being of elderly and this study reveals that only ten percent homes (3 out of 30) have developed such a network

Managing the death of residents

Most of the homes have such experience and managers reported that in case of death first they informed the son/daughter or nearest one to the resident as mentioned on the application. In



case of unavailability of any kith and kin to charge of body, the home does perform the last rites as per the religion of resident as reported by 80 percent of managers representing 24 homes.

Managers/owners of two homes for the destitute claimed that they performed last rites of residents in at least 40 cases. They found cost of last ritual of Muslim community was costlier than Hindu community. Six managers stated that they handed over the body to the MCD department.

BUILDING AND AGED FRIENDLY INFRASTRUCTURE

Furniture/fixtures and toilet in the room

Most of the old age homes (about 70 percent) are well furnished with provision of a bed, table, chair and locker/ almirah for the residents. All rooms have proper fans and toilet and bath room.



Twenty percent homes have grab rails in toilets; toilets are generally of two types i.e. western and Indian style.

Seventy percent homes have enough space to enter a wheelchair inside the rooms and remaining have no such provision. There are also balconies in the building.

Twenty percent homes have power backup and also AC facility on demand. Six Old Age Homes have lift and three homes have made provision for this facility.

STAFFS SKILLS AND QUALIFICATIONS

Manager/Director/Suptd. Qualification

It is noted that only 6 managers have professional degree – MSW; as also working experience of government sector as officers.

Remaining homes have inexperienced senior staff though they have educational qualification of 10+2 to graduation.

Caregiver qualifications and educational level

It has been seen that most of the homes have no provision of professional care giving: only twenty percent homes have such provision and have trained staffs/nursing with average qualification level of 12+2 std. Remaining homes have unskilled staff.

Staff resident ratio

Most of the managers and owners of homes did not give specific data of actual numbers of staff but some OAHs have given the actual data. Based on that data, it is found that there is one staff for every 6-7 residents. It is also seen that homes run by the government have enough staff as compared to other homes.

CHARACTERISTICS OF RESIDENTS AND THEIR PROBLEMS

Socio economic status

It has been indicated by the managers of 4 old age homes that these homes cater to the upper middle class and average expenditure of each resident is about Rs.12,000 per month. Head of 14 homes stated that residents were generally from lower economic class and destitute and while in the remaining homes' residents were from middle and lower middle class.



Problems which compelled the elderly to live at OAH were revealed by some heads of the homes. These are generally speaking:

- ❑ Migration of their children: 10%
- ❑ Having only daughter: 10%
- ❑ Never married: 10%
- ❑ Familial problems: 70%

Safety and security of old age home

- ❑ About 30 percent homes have fire extinguishers
- ❑ Generator (Power backup) 20 percent homes
- ❑ Watchman: about 30 percent homes
- ❑ Less than 15 percent OAHs have telecom facility between residents and manager's office.

RESIDENTS' PERCEPTION OF SERVICES IN THEIR OLD AGE HOMES

In the process of interaction with some of the residents of a few old age homes regarding satisfaction and dissatisfaction with the services provision the picture that emerges is as follows:

Satisfaction level

The majority i.e. most of the elderly respondents reported their satisfaction with the various services provided in the old age homes but these trends have come from the paid and some free (run by



religious trusts) homes. The major reasons reported for expressing satisfaction are because of good services and good behaviour of the staff, food being palatable and wholesome, accommodation being satisfactory and having the freedom to pursue and participate in

religious activities. A few have also mentioned about the good medical facility available at the home and that the entertainment and library facilities are also good.

Residents of three (one paid, one free and one both) old age homes expressed satisfaction from services provided by the homes; enquiries with residents of one paid home indicated that many elderly are living at the home out of choice and have no problems (average monthly expenditure is Rs12000-15000 per month per resident)

Dissatisfaction

The large majority of those who expressed their overall dissatisfaction with various services in the old age homes come from residents of Government supported as well as those run by societies. A few residents that expressed their dissatisfaction were unhappy with the poor quality of staff and low levels of cleanliness. They felt that there was a large scope for improvement. A few among this group also refused to give any comments and were found to just turn away from this line of questioning, indicating their dissatisfaction with the arrangement and perhaps the probable after-effects of the interaction..

The other reasons reported for dissatisfaction were the inadequacy of basic facilities: this includes power backup, entertainment, food, medical health care facility and unprofessional attitude of care-givers.

DELHI OAHs: CONSTRAINTS AND LIMITATIONS

FINANCIAL COMMITMENTS

Both trusts/societies or families have mobilized funds for capital expenditure to establish the homes with basic infrastructure and facilities. However, running expenses (including salary of staff) is posing the biggest problem in providing minimum standard of care in their respective socio-economic context.

RUNNING COST

In most of the homes surveyed the cost of food is tied to donation in cash or kind from the external sources. This source of funding seems to be part sustainable as in most cases food has been provided to beneficiaries from the time they entered the home. However, in the case of 70 percent homes a serious problem faced is with regard to payment of staff salaries.

QUALITY OF STAFF AND SERVICES PROVIDED

Of the staff employed 80 percent are un-trained and are competent to provide only minimal services based on their experience. Trained and competent and experienced staff will itself enhance standard of services provided within these homes without additional financial commitment or infrastructure and equipment.

SELECTION OF BENEFICIARY

This varies from home to home, in most cases beneficiaries are identified through a personal network of Trusts/Societies members, who are also community leaders. Thus while there is potential for the home to provide service to a larger number of elders in the community financial constraints is the largest factor for lack of outreach of service to elders in the community who are not residents of the home.

HEALTH CARE

Only six homes, have a doctor visiting the campus daily. All the remaining have a facility for “doctor on call” or visit on specific days in a week or so. Twenty percent (6 homes out of 30) homes have ambulance facility. Ideally, the Old Age Homes should have a geriatric physician round the clock. However, not a single home had a full-time daily physician. Overall health care in terms of regular care is poor in all cases. As regard nutrition, most homes claimed to be preparing diet charts on the advice of a nutritionist.

RECREATION

Recreation is an important aspect for the elderly living in OAHs. About 70% homes had some arrangement to take care of recreational needs like indoor games (carrom, chess, cards), music, satsang and occasional movies and outing. Almost all homes have a T.V. set for residents. One home surveyed even has a community day care centre where residents can spend some leisure time with visitors. One home had a recreation centre sponsored by HelpAge India.

EMOTIONAL CARE

During the survey most prominent factor contributing towards elderly opting for old age home was found to be familial problems (adjustment, role loss in family-70%). This highlights the need for emotional care to elderly through geriatric counselors. Enough importance has not been given to this aspect by any old age home surveyed.

AGED FRIENDLY BUILDING AND INFRASTRUCTURE

Though most homes are modest and well suited to local conditions, they were not necessarily designed keeping in mind aged friendly standards. Addition of simple fixtures such as grab rails in toilets, non-skid tiles, chairs for sitting/seating arrangements etc. will greatly enhance self-confidence of the residence.

PHYSICAL WELL BEING FOR BENEFICIARIES

Only six old age homes follow yoga or other physical exercise regime that too irregularly. Remaining homes surveyed do not have provision for any such activity.

Old Age Homes in Delhi & NCR: Summary Details

Characteristics of Old Age Homes OAHs surveyed (30)	14 Free (4 OAHs only for destitute & infirm) 10 Paid 2 OAHs for active and infirm) 6 Mix 70% (21 out of 30) OAHs established after 1997 15% (5 out of 30) OAHs established between 1980 and 1997 15% (4 out of 30 OAHs established between 1940 and 1980 20% OAHs have more than one acre land (1-3 acre) 2 OAHs in rented premises
Management Agency	03 – OAHs run by government supported 17- OAHs run by NGOs/Trusts 06- OAHs run by Religious Society/Trusts 02- OAHs run by Family 02- OAHs run by Associations
Avg Bed Capacity Occupancy Ratio (Male: Female)	50 beds per home (Minimum-8 & Maximum-150) 40:60 (Total 747, Male-277 & Female-410)
Avg Occupancy Level	10% - 100% occupancy in homes providing free stay services 50%-100% plus occupancy in homes offering charged & mixed 50% -is overall occupancy
Type of accommodation	20% (7 out of 30 OAHs) Large Dormitories (4–12 beds) 45% Mix (14 out of 30) OAHs (single, double, dormitory) 35%, only (10 out of 30) single occupancy & double occupancy
Residential Criteria	80% (24 out of 30 OAHs) only for active elderly 20% (6 out of 30) for disabled and limited mobility
Gender Criteria	10% (3 out of 30 OAHs) for women only 90 % (27 out of 30 OAHs) mixed
Income Group	20% (6 out of 30 OAHs) Poor/Destitute & infirm 50% (15 out of 30 OAHs) lower middle class, some seats for poor 15% (4 out of 30 OAHs) middle class 15% (4 out of 30 OAHs) upper middle class

Location	25% (7 out of 30 OAHs) rural area of Delhi 75% (23 out of 30 OAHs) urban area of Delhi
Avg. Staff Ratio	1 Staff for every 5-6 residents 3 – 4 staff per old age home
Caregiver Qualifications / Education Level	20% trained staff / nursing (Avg education 12 class and above) 80% is untrained / unskilled staff (Avg education below 12 th class)
Manager's/Director/Suptt.- Qualification/ Educational Level	20% having professional degree (MSW) 20% retired from Govt. sector as officer and having atleast Graduate 60% inexperienced & having no specific qualification
Recreation & Social Activities	70% offer activities like satsang, indoor games, television, place for worship etc 20% OAHs have private park 20% OAHs have campus temples 20% OAHs offer yoga and exercise with experts
Outreach with local community	Only 10%, 3 out of 30 OAHs having such network
Sustainability and fund generation pattern	60%, 17 out of 30 OAHs depend on Philanthropists for donation as cash, kind 10%, 3 out of 30 OAHs depend on Govt (2- Free & 1-paid) 20%, 6 out of 30 OAHs depends on residents' support 10%, 3 out of 30 OAHs depends on individual/family
Medical, Health & Wellness Services	Access to doctor services -80% visiting doctor (one/twice in a week)/ on call, 20% OAHs have doctors visiting daily. 10%, 3 out of 30% OAHs getting MMU services from HelpAge India 20% (6 out of 30 OAHs) offer Ambulance facility 20% (6 out of 30 OAHs) have physiotherapy exercise centre.

Documented Standards, Policies & Aged Care-living	20%, 6 out of 30 OAHs having written standards (Only Brochure) or performance criteria regarding aged care giving and aged needs 90% OAHs having diet chart as per nutritional needs of the elderly. About 20% OAHs have computers for office work.
Aged Friendly Infrastructure & Facility	30% OAHs facility of grab rails in toilets 70% OAHs having enough space of entering wheelchair 15% OAHs have basement 20% OAHs have almost aged friendly infrastructure 20% OAHs have power backup 20% OAHs have lift facility All OAHs have Refrigerator
Factors that influenced the residents to live at old age home (stated by some managers of OAHs)	10% have only daughter 10% have never married 10% due to migration of children 70% familial problems

List of 35 Old Age Homes in Delhi and NCR

(This information is based on different sources – gathered from the Government department, private agencies, societies and other sources. Four OAHs are run by Government and the other 31 are run by NGOs, Trusts and Private agencies).

S.No.	Name of Home	Address
1	The Home For The Aged	Delhi Christian Friend-in-Need Society, Asola Vill., Fatehpur Beri, New Delhi-110074 Ph.-266522011
2	“Gharaunda”	Paras Foundation, Plot No.482, Asola Vill., Fatehpur Beri, New Delhi-110074 Ph.-26652109, 41550600
3	Saketdham/ Anandham Vridh Ashram	Vishwa Jagriti Mission (Ananadham), Bakkarwala Marg, Nangloi, Najafgarh Road, Delhi-110041 Ph.-28341905
4	NaB- Kaushlya Rani Home for The Aged Blind	Narela Bawana Road, Near Railway Crossing, Narela, Delhi- 110040 Ph.-27285164
5	Kartar Vridh Ghar	Village Kaushak-II, Behind Surupnagar, G.T. Karnal Road, Delhi-110036. Ph.-27731595, 23632837
6	Shri Geeta Vridha Ashram	Shri Geeta Mandir, Double Storey, New Rajendra Nagar. Ph.-28745008, 28744008
7	Shri Krishnadham Vridhashram	Khasra No.-21/24, Badshahi Marg, Vill.-Budhpur, Via-Nangli Puna Chawk, Khera Road se Ashram Marg, Delhi-110036 Ph- 27202162
8	Shantibhavan	Plot No.-479, Burari, Delhi-110084. Ph.-27614286, 65060476, 27616309
9	Guru Vishram Vridh Ashram	Basti Vikas Kendra-2, Gautampuri, Near NTPC, New Delhi-110044 Ph.: 9350857934 E-mail-vridhashram@yahoo.com

10	Darshan Vishram Vridh Ashram	14/5, Indira Vikas Colony, (Near Kingsway Camp), Delhi-110009 Ph.: 9212710751 E-mail-vridhashram@yahoo.com
11	Sukladham Vridh Ashram	Ghevra, Nijampur Road, Sawda Village, New Delhi-110008 Ph.- 25954033
12	Nirmal Hriday (Home for the dying destitute)	Majnu Ka Tila No.-1, Magazine Road, Delhi-110036 Ph.: 23812180
13	Anand Niketan Vridh Sewa Ashram	Jan Kalyan Trust, C-5, Sector-55 Noida-201302, UP Ph-95120-2581475, 2582480
14	Ozanam Home	Rosary School Complex, Radio Colony, Delhi-110009 Ph : 27141369
15	Rana Senior Citizen Home	B-123, Freedom Fighter Enclave, (Gate No.3), near IGNOU, New Delhi Ph: 29531403,29917559 E-mail-rncs_1992@yahoo.com
16	IAFA Senior Citizens Home	62/64, Tuglakabad Inst. Area M B Road-110 062 deeveedhingra@yahoo.com Ph.: 29958867, 26058866
17	Sabbarwal Vridhashram	Bakkarwala Marg, Nangloi Najafgarh Road, Delhi. Ph.: 9213870291
18	Aashirwad	15, Surya Nikentan, Opp. Anand Vihar Gurdwara, Vikas Marg Extension, Delhi-110092 Ph.-22378363, 22376744
19	Ayudham Society for Old and Infirm	Vill. Rewala Khanpur, Jhatikra Marg P O Pandwalan Kalan, Near Najafgarh-110 043 Ph- 25319412, 25319349
20	Manvayatan Society	Plot No 2, Block ALT, Sector-37, Behind Community Centre, Near Hanuman Mandir, Noida - 201 303 Ph.: 95120-2432195, 2432383

21	St. Mary's Home for the Aged Women	6, Rajpur Road, New Delhi-110054 Ph.: 23928868
22	Godhuli Senior Citizens Home	Plot No.7, Sector-2 Dwaraka, New Delhi-110075 Ph.: 25080568, 25072812
23	Har-mit Trust & Home for Senior Citizens	B-37 Greater Kailash-I New Delhi-110 048 Ph.: 29241375
24	OldAge Home, (Janak Sewa Samiti) Faridabad	House No. 1162, Sector 19 Faridabad-121003 Ph.: 0129-4101162, 4140162
25	Arya Mahila Ashram	Durga Colony, New Rajinder Nagar, Near Durga Mandir, New Delhi-110060 Ph.: 28742360, 28741786, 25820360
26	Aradhana Senior Citizens Home for Women	6, Bhagwan Das Lane, New Delhi-110 001 Ph.: 23382795, 23382849
27	Sandhya Home for Senior Citizens	Netaji Nagar, Near Palika Bhavan Opp. Hyatt Regency Hotel, New Delhi Ph : 24671273
28	Senior Citizen Home	B-Block, PWD Barracks near Gurudwara & Desh Bandhu Gupta College Kalkaji, New Delhi Ph.: 26218940
29	Old Age Home (Delhi Govt.),	Dept. of Social Welfare Tilak Vihar, Near CRPF Camp, Tilak Nagar, Delhi. Ph- 28332323
30	Hope Senior Citizens Home Society (Regd) Gurgaon (Non operational)	U – 215, New Palam Vihar- II, Baba Prakashpuri Mandir Marg, Near VillageJhajgarh, Gurgaon. Phone: 95124-4071721 & 2468383
31	Balaji Vridhashram Ghaziabad (Non operational)	Near UP Ganga Water Treatment Plant, NH-24, Ghaziabad Ph.: 9810006150

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|----|---|---|
| 32 | Vridh Ashram | Triveni Devi Charitable Society,
Near Jonti Road, Qutabgarh Road,
New Delhi-110081.
Ph.: 011-64529766 |
| 33 | Guru Nanak Sukhshala
(Vridhashram) | New Rajinder Nagar,
Near Durga Mandir,
New Delhi. Ph-32010722 |
| 34 | Elder Home Society
(Non operational) | Dr Katju Marg, Plot No.-PSPS-4,
Sector 17, Rohini, Near MCD Office
New Delhi
Ph-27570684, 26153004 |
| 35 | Bhagwatdham Dharmarth
Varishth Nagrik Awas | Pocket-3, Mayur Vihar Phase-1,
Chilla Road, Delhi-110091,
Ph-22710430 |

Old Age Homes in Delhi and NCR: A Profile (August-September 2007)

1	2	3	4	5	6	7	Facility		10	11	12	13	14
							8	9					
	Name of OAHs	Type of Management & Year of Establishment of Home	Category	Capacity [WL]	No. of Residents	No. of Staff	Health	Re-creation	Other Facility: Campus Temple, Park, Lift, etc	Sustainability	Home Safety	Type of Staff	Type of Services
1	Gharaunda Asola Village South Delhi	NGO 2005	Lower Middle Class	40	T-19 M-7 F-12	5	MMU visits weekly, Dr on call, Sick Room	TV, Prayer outing	Park Refgtr	Individual Donor	Fire-N	Untrained	Free
2	Home for the Aged, Asola Vill. South Delhi	NGO 1959	Lower Middle Class	20	T-8 M-3 F-5	3	MMU visits weekly, Dr on Call	TV Prayer hall, Outing-Library	W.M. Refgtr W.Ch.	Some philanthropists family supported regularly	Fire-N	Untrained	Free
3	Rana Home for the Senior Citizens S. Delhi	NGO 2003	Upper Middle Class	20	T-11 M-2, F-9	10	Dr visits daily	TV	W.M. Refgtr W.Ch.	depend on payment of residents	Fire-N	Trained but not specific	Paid
4	OldAge Home Faridabad, Sec-19 NCR	NGO 2002	Lower Middle Class	25	T-19 M-7, F12	6	Daily -Dr Visit Dr-room	TV, Satsang hall, Commnty outreach	Temple W.M. W.Ch.	very good community involement & support. Cash & kind are donated by philonthro pist family	Fire-Y	Untrained only Mnager is retired officer of bank	Mix

1	2	3	4	5	6	7	8	9	10	11	12	13	14
5	Sabbarwal Vridhashram Nagloi, NJFGRd Outer/West Delhi	Private 2004	Lower Middle Class	26	T-10 M-7, F-3	2	Dr on call	TV satsang	Park Temple W.M. Refgtr	Individual donor	Fire-N	untrained	Mix
6	Anandham Vridhashram Outer/West Delhi	NGO 1998	Lower Middle Class	100	T-32 M-8, F24	10	Own OPD, Dr on call	TV, satsang	Park Temple W.M.	Donation from Philonthropist as cash & kind	Fire-Y	experienced manager	Free
7	Krishnadhram, Vridhashram Budhpur vill, G.T.Karnal Rd, North Delhi	Trust 1997	Destitute/	150	T-15, M-4 F-11	4	Dr Weekly visit, Physiotherapy, Dr-room etc	TV Library Satsang	Park Temple Refgtr	Donation from Philonthropist as cash & kind	Fire-N	Untrained & also insufficient	Free
8	Sree Geeta Vridhashram, Rajinder Ngr Cetral Delhi Delhi	Trust Religious 1993	Lower Middle Class	20 [5]	T-20 M-12 F-8	6	Dr visits twice a week	TV Satsang	Temple W.M. Refgtr W.Ch.	Donation from Philonthropist as cash & kind	Fire-N	Untrained	Free
9	Arya Mahila Ashram, Rajinder Nagar, Central/ New Delhi	Trust 1960	Lower Middle Class	110	T-110 Only Female Widow	10	Daily/ in campus OPD/Nursing home, Sick room physiotherapy centre	TV Satsang	Park Temple W.M. Refgtr W.Ch.	Donation from Philanthropist in cash & kind	Fire-Y	experienced	Mix

1	2	3	4	5	6	7	8	9	10	11	12	13	14
10	Darshan Vishram Vridh Ashram, Nr. Kingsway Camp, North Delhi	NGO 2006	Destitute Poor & infirm	16	T-16 M-8 F-8	5	Dr on call	TV, Music	W.M. Refgtr W.Ch.	Donation from Philanthropist in cash & kind	Fire-N	experienced Care givers	Free
11	Guru Vishram Vridh, Ashram, Nr NTPC, Badarpur, S. Delhi	NGO 2003	Destitute poor & infirm	8	12 only Destitute Female	5	Dr on call	TV, Music	W.M. Refgtr W.Ch.	Donation from Philanthropist in cash & kind	Fire-N	experienced	Free
12	Sukladham Vridhashram Ghevra Village, West Delhi	Trust 1999	Lower Middle Class	20	T-4 M-3, F-1	2	Dr daily visit Sick Room with clinic	TV Satsang Library	Temple W.M. Refgtr W.Ch.	Donation from Philanthropist in cash & kind	Fire-N	Untrained	Free
13	Shantibhavan Burari, North, Delhi	Trust 1999	Destitute Female elderly	40	25- Destitute female only	7	Dr on call	TV, Indoor game	W.M. Refgtr W.Ch.	Donation from Philanthropist in cash & kind	Fire-Y	Trained sisters	Free
14	Nab-Kaushalya Rani Home For The Aged Blind Narela, North Delhi	NGO 1999	only for blind elderly	10 [7]	T-10 M-10 F-0		Dr on call	Musical Instrument, Music	W.Ch.		Fire-N	Trained manager	Free

1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	Anand Niketan Vridh Sewa Ashram, Sec-55, Noida,	Trust 1989	Middle Class	85	T-66 M-28 F-38	8	Dr visit daily Sick Room Dr-Room	TV, Satsang Indoor games	Temple W.M. Refgtr W.Ch. Lift, Park	Donation from Phil-anthropist in cash & kind	Fire-Y	Expe-rienced manager/ Head	Mix
16	Manavayatan Old Age Home Sec-37, Noida,	Registered Society 1993	Upper Middle Class	40	T-15 M-11 F-4	6	Dr on call	TV,	Refgtr	Depends on residents payment	Fire-N	Trained & expe-rienced Manager	Paid
17	St. Mary's Home for the Aged women, 6, Rajpur Rd, North Delhi	Trust more than 50yrs	Lower Middle Class	25	T-17 female only	5	Dr on call	TV Prayer hall Outing-	W.M. Refgtr W.Ch.	Donation from residents & Philanthropist families	Fire-Y	Trained sisters	Mix
18	Godhuli Senior Citizens Home Sec-2, Dwarka, West Delhi	NGO 2001	Upper Middle Class	53 S[14] D[2]	T-53 F-24 M-29	10	Dr daily visit/ Sick room, Exercise room, Clinic, Fulltime Nurse	Card room Library Satsang Tambola & Movies (weekly) Indoor games	Park Lift, W.Ch. Refgtr	Payments from residents	Fire-Y	expe-rienced Manager/ Care taker	Paid
19	Har-mit Trust & Home for Sr. Citizens Greater Kailash-I, New Delhi	Trust 1999	Upper Middle Class	12	T-9 M-6, F-3	11	Dr on call	TV, Yoga, Cardroom Library Indoor games Satsang	Refgtr Lift W.Ch.	Payments from residents	Fire-Y	expe-rienced manager/ Head	paid

1	2	3	4	5	6	7	8	9	10	11	12	13	14
20	Hope senior Citizens Home society Gurgao NCR	NGO 2006	Lower Middle Class	16	T-M-0 F-0	4	Dr on call	TV, Indoor games	W.M. Refgtr W.Ch	Donation from Philanthropist in cash & kind	Fire-N	Untrained	
21	Vridh Ashram Qutabgarh Rd, West Delhi	NGO 2006	Destitute/	80	T-41 M-27 F-14	12	Dr on call	TV, Satsang, Music	W.Ch. W.M. Temples,	Donation from Philanthropist in cash & kind	Fire-Y	Manager Govt. Retd	Free
22	Bhagwatdham Dharmarth Varishth Nagrik Awas Mayur Vihar, Phase-I, Pocket-III, Delhi	Registered Society 2006	Lower Middle Class	110	T-17 M-10 F-07	10	Dr on call OPD,	TV, Yoga, Centre, Library	Park W.M. Refgtr Temples,	Donation from Philanthropist in cash & kind & one time donation from residents	Fire- N	Untrained	Mix
23	Senior Citizen Home Kalkaji, South Delhi (Delhi Govt)	Delhi Govt. 1994	Destitute	20 [9]	T-20 M-12 F-8	7	Dr on call	TV, Indoor games, Library, Music	walkway area W.Ch.	Govt. Support	Fire-Y	Trained Manager	Free
24	Old Age Home Tilak Vihar, West Delhi (Delhi Govt)	Delhi Govt. 2005	Destitute	96	T-41 M-22 F-19	15	Dr visits Daily Sick Room with clinic	TV Library Recreation Centre	walkway area, Park, W.Ch.	Govt. Support	Fire-Y	Trained Manager	Free
25	Sandhya Home for the Senior Citizens Netaji Ngr, New Delhi (NDMC)	NDMC 1993	Lower Middle Class	52 [4]	T-52 M-30 F-22	10	Dr visits twice a week, Sick Room Dr-Room	TV, Library, Indoor games	walkway area W.Ch.	Govt. Support	Fire-Y	Trained Manager	Paid

1	2	3	4	5	6	7	8	9	10	11	12	13	14
26	Ayudhyam Society for Old and Infirm Nr. Najafgarh, West Delhi	NGO 1993	Middle Class	20 [4]	T-20 M-5 F-15	15	Dr on call Physiotherapy Centre, Indoor games	TV, Satsang, Yoga, Library, CD player	Park, Ramp, W.Ch. Refgrtr	Payments from residents & Donation	Fire-Y	Trained Care-giver	Paid
27	Ashirwad Vikas, Marg Extn East Delhi	NGO 2004	Middle Class	12	T-8 M-7 F-1	9	Dr on call Physiotherapy Centre Indoor games	TV, Satsang, Yoga,	Lift, Park, W.Ch., Refgrtr	Payments from residents & Donation	Fire-N	Untrained	Paid
28	Elders Home Society, Rohini West Delhi	NGO 2005		105	T- 0 M- 0 F- 0	8							
29	Balaji Vridhashram, Ghaziabad	NGO 2003	Lower Middle Class	8	T-0 M-0 F-0	0							
30	Guru Nanak Sukhshal (Vridhashram) North Delhi	Regd Society 2001	Lower Middle Class	26	T-18 M-7 F-11		Dr on call Dr Visit	TV, Yoga, Gurudwara Indoor games	Walkway, W.Ch., Refgrtr, W.M., Park			Untrained	Free
31	AFA Senior Citizens Home Tuglakabad Inst. Area, South Delhi	IAF Welfare Association 2000	Middle Class	74	T-29 M-21 F-8	5	Dr on call, Sick Room Dr Clinic	TV, Cardrooms Yoga/ exercise, indoor games	Park, Lift, W.Ch.,	Payments from residents	Fire-Y	Expe-rienced Manager (Retired IAF Officer)	Paid

1	2	3	4	5	6	7	8	9	10	11	12	13	14
32	Nirmal Hirday (Home for the dying destitute), Majnu ka Tila-1 North Delhi	Trust about 50 yrs old	Destitu- te Poor 350 for all aged but abt 20% is elderly	350	T-350 Elderly -70		Trained Sister	TV, Prayer Hall indoor games	W.Ch., W.M., Refgtr, Walkway	Donation from Phil- anthropist n cash & kind	Fire-Y	Trained	Free

List of Abbreviations/glossary

Dr	-	Doctor
F	-	Female
Free	-	Free of charge
IAF	-	Indian Air Force
M	-	Male
Mix	-	Charged/One time donation/free
N	-	No
NAB	-	National Association for Blind
OAH	-	Old Age Home
Paid	-	Charged
Refgtr	-	Refrigerator
T	-	Total/occupancy
TV	-	Television
W.Ch.	-	Wheel Chair
W.M.	-	Washing Machine
[WL]	-	Waiting List
S[WL]	-	Waiting List (Single)
D[WL]	-	Waiting List (Double)
Y	-	Yes

