Nani asks for your support in Uttarakhand

Please support us by donating whatever you can to put in place our large scale relief & rehabilitation efforts for the community.

Please donate & spread the word...every penny counts

You can DONATE ONLINE: www.helpageindia.org or Send us your Cheque / Demand Draft in favor of “HelpAge India”, (Do mention on the reverse of the cheque, for “HelpAge India Uttarakhand Relief”) & Cash. Donations will be accepted at HelpAge India offices across India.

For any query, call:
Ms. Ashima Saini / Mr. Ganesh Dubey on +91 8130538432
or Dr. Aapga, Head of Uttarakhand Relief Operations – 09415010644, 0135 – 2764535

Head Office Address: HelpAge India, C - 14, Qutab Institutional Area, New Delhi – 110016.

Donations to HelpAge India for Uttarakhand Flood Relief are eligible for 50% tax exemption under section 80G of Income Tax Act 1961. (Applicable in India only)
Dear All,

It’s been a little over 2 months since the flash floods in Uttarakhand brought with it such large scale devastation. The people of the state are still living with the horror of it all. The initial rush of donors stepping up to give aid and donations was overwhelming, but now the situation is changing. We forget easily, along with the dying wave of sympathy, funds for those affected are also dwindling. There are people in the state who don’t even have matchboxes to light their stoves. Some have lost the earning members in their families, some have lost their entire home & life savings and means of livelihood.

While our HelpAge team has been on ground at work 24x7 since June 20 in 3 of the main affected Districts of Rudraprayag, Chamoli & Uttarkashi, providing primary medical relief to those affected and distributing family food packages to 3800 families, it isn’t enough.

While our team has managed to gather funds to last through this Monsoon season, 3800 families were provided with a package of ration which contained much needed essentials like: Wheat flour, rice, Arhar dal, sugar, salt, Indian spices, cooking oil, soya chunks, washing & detergent soap and match boxes. HelpAge decided to target the remotest of remote villages which were totally cut off and had not received any relief. As many roads have been cut off or badly damaged, we had no choice but to trek to many villages or go on mule back carrying our supplies. The aim was to go where relief had not penetrated till now,” – says Dr. Aapga, Head of Uttarakhand Relief Operations in the state.

HelpAge prepared a list of beneficiaries and finalized it in consultation with the Gram Pradhan as per pre-decided criteria to avoid conflict among the villagers. The beneficiaries were identified through local partners: Shri Bhuvaneshwari Mahila Ashram (Uttarkashi District) working there for the last 30 years and Appropriate Technology India – a group working on livelihood in Rudraprayag and Chamoli Districts since 1999.

HelpAge launched a major relief operation on June 20 working across the three Districts of Rudraprayag, Chamoli & Uttarkashi, targeting 99 villages. It started with primary emergency medical care through 3 of its Mobile Medicare Units and the distribution of emergency family food packages, tarpaulins & blankets.

In its first phase of relief work which carried through the monsoon season, 3800 families were provided with a package of ration which contained much needed essentials like: Wheat flour, rice, Arhar dal, sugar, salt, Indian spices, cooking oil, soya chunks, washing & detergent soap and match boxes. HelpAge decided to target the remotest of remote villages which were totally cut off and had not received any relief. As many roads have been cut off or badly damaged, we had no choice but to trek to many villages or go on mule back carrying our supplies. The aim was to go where relief had not penetrated till now,” – says Dr. Aapga, Head of Uttarakhand Relief Operations in the state.

HelpAge is now mobilizing funds for its second phase of relief work to help 3000 families in Rudraprayag District, one of the worst affected, through the crucial winter months. There are villages where people have lost earning members of their families, leaving behind only widows and children to fend for themselves.

The Winter Relief package will consist of Food & Clothing to help them fight the harsh winters. The Food package will consist of: lentils and food items that help them keep their body warm. It will consist of: 2 kg Manduratta, 5 kg wheat flour, 10 kg rice, 3 kg Kulath dal, 2 kg bhott lentil, 2 kg sugar, 1 kg salt, 1 litre mustard oil, ½ kg tea leaves, 900 gm spices mixed, toiletries & 10 match boxes. The Clothing package will consist of: 2 blankets, 2 shawls, 2 sweaters & 2 woollen socks.

The funds coming in are slowly decreasing. HelpAge is hoping that more people would come forward and support the people of Uttarakhand as now is the time they need it the most.

Volunteers & Donor Involvement on ground @ Uttarakhand

In this relief effort volunteers have played a crucial role not just in relief distribution but also as doctors and counsellors. HelpAge thanks them for their invaluable support at such a time of crisis.

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Dr. Nidhin Joseph along with Dr. Sejal Joseph working as volunteers at the Health camp at Lambgondi village, Rudraprayag District. Incidentally they got married on July 7 and were hard at work by July 12.
This year’s survey on Elder Abuse was conducted in 24 cities of India. Most of the elderly surveyed for the study belonged to the age group 60-70 years.

The major reasons for abusive behavior include: lack of adjustment, economic dependence of the abused and increasing longevity of the elderly. Elderly suggested sensitizing children and strengthening intergenerational bonding, increasing economic independence of the abused and sensitizing young adults, as the measures to deal with Elder Abuse.

The day was marked across India and various programmes were held to raise awareness on the issue in Maharashtra, Odisha, Tamil Nadu, Uttar Pradesh, Karnataka, Madhya Pradesh, Gujarat, Chattisgarh, Bihar, West Bengal, Assam, Kerala, Puducherry, Chandigarh, Himachal Pradesh, Andhra Pradesh, Goa and Delhi.

More than one fifth of the elderly (23%), reported experiencing abuse nationally. The daughter-in-law was the primary perpetrator of abuse (39%) followed closely by the Son (38%).

Amongst the most common types of Abuse faced by our elders, was Disrespect (79%), followed by Verbal Abuse (76%) and Neglect (69%). An alarming 39% elderly faced Physical Abuse (beating/slapping).

What was overwhelming, was that 70% of those abused did not report the matter, stating the importance of “maintaining confidentiality of family matter” as the major reason (31%), followed by “fear of retaliation” (23%).
HelpAge's SAVE - Student Action for Value Education programme encourages school children to treat their elderly with love and care and understand their issues in depth. The programme is gaining strength everyday as more and more schools and students are joining hands with HelpAge to support the cause of the elderly.
YOU CAN CONTRIBUTE WHATEVER YOU WISH TO HELPAGE INDIA CORPUS FUND:

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