ANNUAL REPORT 2016-17

DIGNITY for Elders
“We too have a dream...”

On 8th May, 2017, we lost a friend, mentor and guide of many years - Amal Ganguli, who was the Chairman of HelpAge India from November, 2004 till May, 2017.

Mr. Ganguli was a Chartered Accountant who had a long and illustrious career. He retired from corporate life as the Chairman and Senior Partner of Price Waterhouse Goplers. He served as an independent Director and Audit Committee Chairman of a number of reputed listed companies including Century Textiles and Industries Limited, HCL Technologies Limited, Maruti Suzuki India Limited, New Delhi Television Limited, Tata Communications Limited etc.

He had a vision of an India where elders lived a life of dignity, independence and free of the crushing burden of poverty. He strove hard to lead HelpAge India work towards this. Four years ago, his message in the Annual Report laid out this vision and started with a stirring line - “We too have a dream”. Team HelpAge India is determined to work tirelessly to fulfill this dream.

We reproduce below excerpts from his message written by him in September, 2013.

“Elders get Enterprising - Towards a life of dignity”

In a country of 104 million elders, 51 million live below the poverty line. By 2050 the number of senior citizens is estimated to rise to 324 million. With more than half the country’s elderly living below the poverty line, survival is crucial. Where quality of life is concerned for these elderly, there is much left to be desired. Inadequate healthcare, minimal or no pension and a depleting source of income, often force the destitute rural elderly to continue working despite physical hardships.

In cities, the retired elderly face similar problems of crumbling incomes, failing health and an absence of alternative post-retirement career options, making life extremely tough. To add to this, a growing sense of insecurity and dependence on others to sustain themselves, often leads to social isolation and depression.

The constant and rapid pace of change in technology makes it even more difficult for elders, as they are unable to keep up with the latest gadgets, mobile applications, new smart phones, tablets etc. This handicap excludes elders from the mainstream social fabric.

As times are changing, so is the ever-increasing generation gap between the young & the old, the toughest age group to sensitize is the young adolescent. To bring together the youth and the silver generation, this year we launched the ‘When I’m 64’ school competition aimed at sensitizing students from Class 8 to 10, encouraging them to think about the elderly and life after 60. The response we received was tremendous and many students said it brought them closer to their grandparents.

While we are working towards inculcating age care values in the younger generation, we are also simultaneously working towards providing our elders with a better quality of life by urging them to form Active Enterprise Groups so that they can earn their own living without being dependent on anyone. A steady source of income also brings with it respect within the family and community, besides sustenance.

None of these initiatives would have been possible without the generous support of our donors – whether corporates, institutions, individuals or our partners. I thank them all. It’s been a long journey, yet there are miles to go.

I hope with their help and support, we continue working towards our endeavor to provide our elders with a life of independence & dignity.

Mathew Cherian
CEO
HelpAge India
New Delhi
Sept 2017
STORIES FROM THE FIELD

This year we bring to you stories from Mumbai and its outskirts, from urban slums to the tribal belts of Palghar, which lies 100 kms from Mumbai city. Each story is one of hardship and need. HelpAge is fortunate to have been a part of helping empower these lives and give these elders and many more like them, a life of dignity.

The most striking element in these stories, is the strength of purpose and survival amongst these elders. To beat the odds and live life in their own terms. We at HelpAge salute their spirit!

MOBILE HEALTHCARE PROGRAM

A bus ride to Healthcare

“When I don’t have money, how could I go to a hospital? There is no earning member in my family, no one will give me money” – says a forlorn Kalabai Kedare, 65 years.

Suffering from multiple health problems such as high blood pressure and cholesterol, diabetes and joint pains and with no one to support her, life was hard. Her husband was a cobbler, but she says his hands don’t work anymore so she has to look after him and support the both of them.

With no children, a handicapped husband and no other support system, she had no choice but to work despite her aches and pains. She earns a meagre Rs.700 per month after toiling as a maid in 3 to 4 houses daily. It was a hard and painful life till she was introduced to the HelpAge Mobile Healthcare Unit (MHU) program.

Today, she takes a bus ride to the HelpAge Mobile Healthcare Unit site in Malvani from her home in Malad (West) in Mumbai. 4 times a week, to take her weekly dose of free medicine and check-up.

It is a different Kalabai one meets today. “Coming to this MHU site has been hugely beneficial to me, my joint pain has decreased and my BP, cholesterol and diabetes is now under control.” – says Kalabai, beaming with a smile and surrounded with her new found friends at the site.

Prabhadevi Vaman Kedekar is 76 years old but when she smiles it’s the smile of a 16 year old. Her endearing smile hides a life of pain.

About 15 years ago, Prabhadevi’s husband Vaman Ram Chandra Kedekar died in a brutal car accident. A brave woman, she filed a case against the driver who killed her husband, trying to get justice, but the Mumbai floods flushed away most of the much needed documents. Her case has been put on hold for the past 12 years now and much of her resources in the process have depleted. Her only son was affected by polio at an early age and her daughter-in-law earns by working in the small scale industry. But there is no money or support for Prabhadevi. Whenever she falls sick, she has to depend on the generosity and kindness of neighbors and friends, with whose help she manages to get little money for her medicines.

With dwindling finances and no support, she had no means to sustain herself, managing even two meals a day for herself was a challenge. But she didn’t want to beg.

It is then she got enrolled in HelpAge India’s Support a Gran program, with project partner Prayt-na, through which she got monthly rations. She comes to the Church in Orla, in Malad (West), Mumbai, every month to diligently collect her ration. Today Prabhadevi lives life on her own terms.

“I’m alone, I’ve been coming here to get ration for the past 15 years. Through this ration I’ve got respect from my family & community” – says a smiling Prabhadevi.
Jani Shankar Phadwade, 67 years, eyes twinkle as she smiles her toothless smile. She insists she has only one tooth left and there wasn’t any point in taking her picture. But the next moment she would break into laughter, invariably showing you that single tooth of hers.

But all was not perfect in Jani’s life, she had cataract in her left eye. She had lost all hope of ever being able to see clearly again. Jani is from the tribal belt, from a village in Jawhar Taluka in Palghar district, which is about 100 kms from Mumbai city. She spends most of her days looking after her home. Earlier she used to do manual labour in the fields, but her failing vision started becoming a hindrance. It was a screening camp organized at Jawhar Taluka by HelpAge with the help of its project partner, Bhakti Vedanta Hospital at Mira Road, District Thane, that she discovered she had cataract in her left eye.

Unable to afford treatment for surgery, she became one of many beneficiaries who were taken under the wing of HelpAge’s Restoration of Vision program for destitute elders and was operated for cataract, free of cost. A quick surgery was all that was needed to restore Jani’s life and along with it, her dignity.

Today, Jani smiles her endearing smile, ready to take on whatever challenge life throws at her.

71 year old Prabhavati Prabhakar Karekar, living in Anand Vriddha Ashram, is warm, welcoming and seems like without a care in the world. But behind that smiling face lies a horrific story of abuse and harassment. “My life had taken such a turn that I was ready to commit suicide” says Prabhavati.

Originally from Goregaon, Mumbai, Prabhavati was married at the age of 23. Soon she suffered two miscarriages and her husband passed away, leaving her to fend for herself. She started doing social work for a well-known charity, hoping to spend the rest of her life helping others in need. “I spent a large part of my life helping others, but I never thought I would reach this stage in life” - she says.

After her husband death, she bought a small flat in Goregaon, to sustain herself took on a tenant. But the tenant cheated her of her property and Prabhavati was literally left on the road, thrown out of her own home.

“I was found by a social worker and taken to an ashram where I was treated very badly. I was beaten, not given food, the in-charge would drink and hurl vile abuses at me. When it became unbearable I started looking for a rope to hang myself. One morning when I couldn’t bear it anymore, I escaped and met a social worker who recognized me. I told him my story and he persuaded me not to commit suicide,” says an emotional Prabhavati.

This social worker took her to Manisha Pradip Kotak, a kind lady who ran Anand Vriddha Ashram, in Palghar. In this home she found not only shelter and the means to sustain herself, but she also received medical aid through the HelpAge supported Physiotherapy centre and Mobile Healthcare Unit which makes regular trips there to treat the residents.

Today, Prabhavati is happy and secure in her new found home away from home and says “The family I never had, I’ve found it here. We all live here like brothers and sisters, I’m not in want of anything now.”
Today’s constantly evolving digital technology and increasing movement towards a cashless economy leaves elders bewildered and isolated. Their day to day life, shopping, paying utility bills become difficult and it also alienates them from the younger generation who are digital savvy. With new models of smart phones flooding the markets every day, new mobile applications, usage of debit/credit cards and mobile wallets becoming the norm, elders can no longer afford to be digital illiterates. Also the way to communicate with the younger generation - WhatsApp, Facebook etc. needs to be learnt.

Digital literacy classes for Elders
HelpAge created ‘An Easy Guide to Learn Smart Phones and Computers’ which was used to conduct training workshops across the country to digitally empower elders. Young volunteers selflessly gave their time, corporates such as Oracle joined the campaign with their staff holding regular weekend classes in their neighborhood, schools like Ramjas, Delhi, threw open their computer labs for after school classes for elders.

Here are some snapshots:

**Delhi**
A young volunteer teaches elder members from the Senior Citizens Association in Dwarka, Delhi, how to - Google Search, Skype with loved ones, use Android/iOS phones and how to pay household utility bills online with ease.

**Ahmedabad**
Elders receive training on Mobile & Internet Technology at a workshop organized by HelpAge and co-sponsored by ‘Telecom’ for the elderly at the Bhind People Association, Vadrapur, Ahmedabad (Gujarat).

**Chennai**
Elderly women members of the Senior Citizens Bureau in Chennai (Tamil Nadu), try out the various features of a Smart Phone during the training workshop on E-Payments.

**Mumbai**
Elder women from Samaray Senior Citizens Association, Azad Nagar, Andheri West, in Mumbai (Maharashtra), learn how to use the Smart Phone to pay bills online.

**Kolkata**
Mr. Vishal Garg IPS, Joint Commissioner of Police (Crime & Special Task Force) launches the HelpAge SOS App in Kolkata, (West Bengal).

**Chennai**
Mr. SAhaskai, IPS, Addl. Commissioner of Police launches the HelpAge SOS App in Chennai (Tamil Nadu).
Welfare activities for elders are not enough to change the lives of elders. For sustainable and widespread impact, the elder cause needs to be advocated – with the government, the police, the media, the general public, especially young adults, school children who are the future care-givers to elders and also elders themselves. HelpAge works with all these stakeholders.

**Advocating the Elder Cause**

As part of HelpAge’s advocacy efforts, a ‘One Day Police Training program on elder issues’ was held in the office of the Deputy Commissioner of Police, Egmore in Chennai, for the city police. The Police personnel were briefed about the use of the HelpAge SOS App, along with information shared about the Maintenance and Welfare of Parents & Senior Citizens Act, 2007, legal issues of elderly mainly on crime against elderly, how to write Wills, property issues etc.

**Sensitizing the Police**

Working with media partners to make roads safer for Elders

In keeping with our advocacy efforts to make cities safer for elders, HelpAge tied up with media house NDTV for a Road Safety campaign where elders raised their voice against societal attitude towards elders on the streets in Mumbai & Bengaluru. They held placards and marched down the streets demanding safer roads for seniors and children alike.

**Working with media partners to make roads safer for Elders**

Most elders are unaware of their Rights & Entitlements, especially those below the poverty line. HelpAge works to educate not just the underprivileged elders, but also co-opts the urban more privileged elders to spread awareness about old age pension schemes.

**Elders help spread the Pension message**

As long as the elders are in legal possession of the property, abusive sons and daughters can be evicted.

**Elder cause receives support from the Judiciary**

This February 2017, elders received a strong tool for self-defense with the Parents Maintenance Act getting a major boost. The Delhi High Court ruled that elders can now evict their children from their homes if they turn ‘greedy’ or ‘abusive’ by simply complaining to the Deputy Commissioner/District Magistrate. The court specified that the house need not be self-acquired or owned by the parents. As long as the elders are in legal possession of the property, abusive sons and daughters can be evicted.

**Govt. supports health camp for elders**

An elderly man gets a thorough health check-up at the ‘Preventive Health check-up camp for Senior Citizens’ organized by HelpAge at Faridabad (Haryana), supported by the Ministry of Social Justice & Empowerment.
DIGNITY for Elders

In the interiors of Supaul District, elders of Paramanandpur & Arraha villages, who lost their livelihood during the floods, have now found a new source of livelihood, that of turning cow dung and vegetable waste into a lucrative business of Vermicomposting. HelpAge has been working with Senior Citizens Associations to encourage individual seniors as well as senior groups to come together to practice Active Ageing.

These are a few cases of elder groups coming together to start an enterprise and earn a livelihood or even some pocket money, which goes a long way in restoring self-belief and dignity.

Vermicomposting in Supaul, Bihar

In the interiors of Supaul District, elders of Paramanandpur & Arraha villages, who lost their livelihood during the floods, have now found a new source of livelihood, that of turning cow dung and vegetable waste into a lucrative business of Vermicomposting. The elders have constructed 82 vermicomposting units in the compounds of the Flood Relief Centre in Paramanandpur village. Out of these 82, HelpAge is supporting 60 units and the remaining 22 units were created by the Elder-Self-Help-Groups that HelpAge helped form. The average earnings vary from 8000 - 10,000 per month. The overall maintenance of this livelihood activity and the final produce is managed by the elders who have formed an independent company for business purposes called Aasara Elders Producers Company Ltd.

ENCOURAGING ACTIVE AGEING

Studies across the world show that elders who lead a productive working life, enjoy better both physical and mental health. HelpAge has been working with Senior Citizens Associations to encourage individual seniors as well as senior groups to come together to practice Active Ageing.

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Bangle making in Puducherry

65 year old Lakshmi along with 72 year old Thiripurasundari, learn the art of Bangle-making during a jewellery-making workshop organized by HelpAge for elders in Puducherry. They have now formed the ‘Aravindhar Active Aging Enterprise Group’ along with other enterprising women. The members of the group now sell their products to potential customers. This unique activity has not only helped them use their time productively but also helped them regain their self-confidence.
487 year old K.P. Sarkar, a retired Professor of Physics, decided that even though he had retired from his job, he would not retire from teaching. He decided to dedicate his time to help those that needed it most. Therefore, he became a member of the ‘Kolkata Kinjal Active Ageing Group’ of retired professionals and joined them in their endeavor to help underprivileged children. The decision not only helped the children who needed guidance, but also kept Sarkar busy post-retirement. The class he takes has been named ‘Outside Syllabus’ and appropriately so, as the topics don’t fall under the usual academic fold. It covers issues of health and hygiene, duty towards society and elders, time management in order to cope with the examination schedule, career counselling and overall building of self-confidence. It is a highly satisfying experience for both the elder members and the children and has brought both generations closer to one another.

One Active elder who changes lives – ‘Outside Syllabus’

Elders take up their own cause - Fighting depression and loneliness

73 year old K.P. Sarkar, a retired Professor of Physics, decided that even though he had retired from his job, he would not retire from teaching. He decided to dedicate his time to help those that needed it most. Therefore, he became a member of the ‘Kolkata Kinjal Active Ageing Group’ of retired professionals and joined them in their endeavor to help underprivileged children. The decision not only helped the children who needed guidance, but also kept Sarkar busy post-retirement. The class he takes has been named ‘Outside Syllabus’ and appropriately so, as the topics don’t fall under the usual academic fold. It covers issues of health and hygiene, duty towards society and elders, time management in order to cope with the examination schedule, career counselling and overall building of self-confidence. It is a highly satisfying experience for both the elder members and the children and has brought both generations closer to one another.
Asian Paints has given almost 12 years of consistent support towards HelpAge India’s healthcare initiatives. HelpAge India’s vision to eradicate preventable blindness in India, by supporting 15,000 cataract surgeries with intraocular lens implant in and around 14 Indian cities. HelpAge India worked in partnership with reputed and leading eye care hospitals and institutions. All cataract surgeries were undertaken in sterile conditions in the Operation Theatres of partner hospitals with strict adherence to all statutory compliances. HelpAge India managed the entire project end-to-end.

Deutsche Bank continued to extend support towards HelpAge India’s Livelihood and Healthcare initiatives – Project Gaman – a 3 year project which focuses on the provision of essential primary healthcare, vision restoration, eradication of poverty, livelihood enhancement, and reducing social and economic inequalities. The project is being undertaken in 5 Indian states of Maharashtra, West Bengal, Andhra Pradesh and Telangana, Tamil Nadu and Delhi NCR. Till date, over 13,095 beneficiaries have received 1,38,673 treatments under the health program and approximately 12,000 elders have received livelihood support via the formation of 1010 Self-Help Groups.

Deutsche Bank provided extensive and invaluable support towards HelpAge India’s vision to eradicate preventable blindness in India, by supporting 15,000 cataract surgeries with intraocular lens implant in and around 14 Indian cities. HelpAge India worked in partnership with reputed and leading eye care hospitals and institutions. All cataract surgeries were undertaken in sterile conditions in the Operation Theatres of partner hospitals with strict adherence to all statutory compliances. HelpAge India managed the entire project end-to-end.

Deutsche Bank supported 15,000 cataract surgeries

S J VN Foundation continued to support HelpAge India’s Mobile Healthcare Unit program

S J VN Foundation continued to support HelpAge India’s Mobile Healthcare Unit programs in the hilly and remote areas of Himachal Pradesh and Uttarakhand, and also in Bihar and Maharashtra. The project covering 10 districts and aptly titled ‘Saralaj Sanjeevani Swa’ (SS), is a joint initiative between S J VN Foundation and HelpAge India, which commenced in 2013. Project SS has until date provided free primary healthcare to 1,74,887 needy elders and community members via 4,32,809 treatments, bringing healthcare to the doorsteps of the unreached.

S J VN Foundation continues to support HelpAge India’s Mobile Healthcare Unit program

Oil and Natural Gas Corporation Ltd (ONGC) has been a consistent supporter of HelpAge India's Mobile Healthcare Unit program across India. The project, Varisht haja na Swast hya S ew a Abhiyan (VSSA), which commenced in 2010 with 20 Mobile Healthcare Units, is a joint venture of HelpAge India and ONGC to provide essential primary health services to our disadvantaged elders who cannot afford or access healthcare.

Oil and Natural Gas Corporation Ltd (ONGC) has been a consistent supporter of HelpAge India’s Mobile Healthcare Unit program for over six years

In 2016, ONGC supported 11 more Units across the country, bringing its total fleet to 31 Units spread across 23 districts. VSSA has provided over 20 million treatments to nearly 1,01,600 patients until date.

NDTV Viewers support Elders village

NDTV Viewers have supported the construction of an Elders’ Village residential facility at Kedarghati, Uttarakhand.

NDTV Viewers support Elders village

Rural Electrification Corporation Ltd supported the provision of Multi-Facility Health Packages to 50 Old Age Homes across India.

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Engineers India Limited supported the provision of Multi-Facility Health Packages to 12 Old Age Homes across 5 Indian states.

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Adani Foundation expanded its fleet of Mobile Healthcare Units at different locations across India. The Foundation commenced its partnership with HelpAge India in 2013, by supporting three Mobile Healthcare Units at Tiroda (Maharashtra), Kavar (Rajasthan) and Dhej (Gujarat). The Foundation has now also funded 5 new Units at - Tiroda (Maharashtra), Godda (Jharkhand), Vizhinjam (Kerala) and Dhamra (Odisha). The MHCUs have meted out 3,52,465 treatments to 48,869 patients until date.

GE supported three Mobile Healthcare Units at - Durgapur (West Bengal), Shahbad (Karnataka) and Padappai (Tamil Nadu). GE has also helped restore vision to over 3000 elderly via cataract surgeries with intra-ocular lens implant.

Bharat Heavy Electricals Limited (BHEL), for the fourth consecutive year, supported 5 Mobile Healthcare Units at Leh (J&K), Angul (Odisha), Durgapur (West Bengal), Niagpur (Maharashtra) and Firozepur (Punjab).

HDFC Bank continued to support operational costs of one Health, Diagnostic, and Physiotherapy Centre at Ghazipur, Rudraprayag, (Uttarakhand).

Project Shradha, a livelihood project supported by National Stock Exchange, is a 3-year project in four backward districts of four different states representing the four different regions of the country. The project focuses on the three concepts of Social, Financial and Health Inclusion through the vehicle of Elders-Self Help-Groups and their higher order federations.

Honda Motorcycle and Scooter India Pvt. Ltd. continued to extend support for 3 Mobile Healthcare Units at Vithlapur (Gujarat), Narsapura (Karnataka), and Tapukara (Rajasthan), and 1 Stationery Healthcare Unit at Vithlapur.

HFC L

Himachal Futuristic Communications Ltd. (HFC L) partnered with HelpAge India in 2016, by supporting 2 Mobile Healthcare units at Solan and Sunita Shankar (Rajasthan), as well as 1 Specialized Mobile Healthcare Unit at Solan (Himachal Pradesh).

Oberoi Hotels and Muminaz Hotels

Agriculture Insurance Corporation of India

Honda Motorcycle and Scooter India Pvt. Ltd. continued to extend support for 3 Mobile Healthcare Units at Vithlapur (Gujarat), Narsapura (Karnataka), and Tapukara (Rajasthan), and 1 Stationery Healthcare Unit at Vithlapur.

HFCL

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Agriculture Insurance Corporation of India

Agriculture Insurance Corporation of India Limited again sponsored 1000 cataract surgeries for elderly in need of vision restoration.
Cairn India Limited has extended nearly 10 years of support to HelpAge India’s healthcare initiatives and has supported four Mobile Healthcare Units - two in Barmer (Rajasthan) and one each in Dwarkaish and Radhanpur (Gujarat), as also health camps in both the states.

Cipla Foundation continued to support three Mobile Healthcare Units at Patalganga (Maharashtra), Baddi (Himachal Pradesh), and Indore (Madhya Pradesh).

Sun Pharma supported three Mobile Healthcare Units at Nelol (Gujarat), Ahmednagar (Maharashtra) and Gangtok (Sikkim).

Qualcomm supported three Mobile Healthcare Units to provide free healthcare to needy older persons and the communities they live in, in Chennai (Tamil Nadu).

Oracle partnered with HelpAge India to support two Mobile Healthcare Units at Delhi/NOIDA/Chimbatore/Tami Nadu.

Gail supported two Mobile Healthcare Units at Rudraprayag, Uttarakhand.

Bharat Financial Inclusion Limited (formerly BRSMicrofinance) supported HelpAge India’s vision restoration program by sponsoring 2400 cataract surgeries across India.

ANZ restored the vision of 1800 older persons in Karnataka, via cataract surgeries with intra-ocular lens implant.

AT & T supported 1000 cataract surgeries for disadvantaged elders.
HONORING OUR DONORS

Annual HelpAge Awards

The following Companies were honored with the Annual HelpAge Awards for their exemplary service to society & the cause of the aged, on the ‘International Day of Older Persons’, 2016, by Dr. Jitendra Singh, Hon’ble Minister of State for Development of North Eastern Region and the Prime Minister’s Office:

The PL Roy Award was given to SJVN Foundation for Outstanding Continuing Contribution towards Corporate Social Responsibility towards elders and the communities they live in.

The Gold Plate was awarded to The Hong Kong and Shanghai Banking Corporation, for the highest contribution to HelpAge India for the cause and care of the elderly.

The Silver Plate was awarded to Asian Paints Ltd. for the Company’s consistent and significant contribution towards HelpAge India’s work for the disadvantaged elderly.

The Bronze Plate was awarded to Honda Motorcycle and Scooter India Pvt. Ltd. and Cairn India, for their generous contribution to HelpAge India’s healthcare initiatives for the needy elderly.

Mr. R.N. Misra, Chairman & Managing Director, SJVN Limited, receives the PL Roy Award.

Mr. Stuart P. Milne, Group General Manager and CEO, The Hong Kong and Shanghai Banking Corporation, India, receives the Gold Plate Award.

Mr. Sunil Singh, General Works Manager, Asian Paints Limited (Keva Plant), receives the Silver Plate Award.

Mr. Sharad Pradhan, Deputy General Manager, CSR & Government Relations, and Mr. Kamal Singh, Assistant Manager, CSR, of Honda Motorcycle and Scooter India Pvt. Ltd., receive the Bronze Plate Award.

Mr. Akka Mittal, GM-CSR, and Mr. Vivek Mehrotra, Chief Engineer (E&T), Oil & Natural Gas Corporation Ltd., receive the Plaque of Recognition.

Mr. Sanjeev Garg, CEO-REC Foundation, Rural Electrification Corporation Limited, receives the Plaque of Recognition.

Mr. Narendra Thakur, General Manager-HSE & CSR, Bharat Heavy Electricals Ltd., receives the Plaque of Recognition.

Ms. Alka Mittal, GM-CSR, and Mr. Vivek Mehrotra, Chief Engineer (E&T), Oil & Natural Gas Corporation Ltd., receive the Plaque of Recognition.

Mr. Sushrat Kulshreshtha, Senior Manager-CSR, and Mr. Sundar Raj, Manager, CSR, Cairn India, receive the Bronze Plate Award.
The Excellence Award was presented to Mrs. Grace Pinto, MD, Ryan International Group of Institutions, for excelling in social and society at large.

Ms. Shamilia Nandi, Principal & Director, Dr. Varendra Swarup Education Centre, Kidwai Nagar, Kanpur (Uttar Pradesh), receives the Samson Daniel Award.

The Golden Award was presented at Chennai to Dr. Mrs. YG. Parthasarathy – for being an exceptional Indian citizen over the age of 80 years; an eminent educationist, a visionary in progressive practices of schooling and an art connoisseur.

Ms. Mrs. YG. Parthasarathy receives the Golden Award from Hon’ble Mr. M M. Rajendran, Former Governor of Odisha.

PROGRAM HIGHLIGHTS 2016 – 17

- Asia’s largest Mobile Healthcare network for elders with 144 medical vans serving 1920 community locations spread over 24 states, provided 23.25 lakh treatments.
- 3.55 lakh beneficiaries were treated at 993 health camps.
- 34.679 free cataract eye surgeries were conducted.
- 68,843 Geriatric physiotherapy treatments were provided across 23 locations in the country.
- 28,896 calls were received through the toll-free Elder Helplines across 20 state capitals.
- 857 abandoned elders were rescued.
- 20,000 elderly in 1400 Elder-Self-Help Groups are being supported.
- 1145 Senior Citizens Associations, with more than 14 lakh members were partnered in 23 states.
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### Financial Snapshot 2016-17

**Where the money came from:**

- Individual: 44%
- Corporates: 43%
- Institutions: 5%
- Other Income: 8%

**Where the money went:**

- Programs: 74%
- Fund Raising: 26%
- Administration: 1%
- Depreciation: 0%
- Surplus: 0%

#### On what programs was the money spent

<table>
<thead>
<tr>
<th>Program</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health</td>
<td>52%</td>
</tr>
<tr>
<td>Social Protection</td>
<td>11%</td>
</tr>
<tr>
<td>Disaster Management</td>
<td>1%</td>
</tr>
<tr>
<td>Agri-Credit</td>
<td>7%</td>
</tr>
<tr>
<td>Social Mobilisation</td>
<td>18%</td>
</tr>
<tr>
<td>Project Implementation</td>
<td>11%</td>
</tr>
</tbody>
</table>

**Chairperson**

Mr. Arun Nanda

**Ex-Officio Member**

Mr. K. S. B. Sanyal

**Treasurer**

Mr. M. M. Saharanwal

**President Emeritus**

Mr. M. M. Saharanwal

**GOVERNING BODY**

Ms. Rupjhum Chatterjee

Mrs. Shanta Chatterji

Mr. K. S. B. Sanyal

Mr. J. C. Luther

Mr. T. S. Krishnamurthy

Mr. Arun Seth

Mr. Pramod Bhain

Dr. (Mrs.) Asha Padgaonkar

Mr. K. T. Chacko

Mr. Arun Nanda

Dr. Devi Prasad Shetty

Mr. Mathew Cherian

**Officio Member**

Mr. Mathew Cherian
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FINANCIAL SNAPSHOT 2016-17

On what programs was the money spent?

- Health: 53%
- Social protection: 11%
- Disaster Management: 1%
- Arts Program: 7%
- Social Mobilisation: 18%
- Project Implementation: 11%

WHERE THE MONEY WAS USED:

- Gross Income in 2016-17: Rs. 96.95 crores, which is 6% higher than the Gross Income of HelpAge in 2015-16.
- Other Income: 8%
- Corporate: 43%
- Individuals: 44%
- Other: 5%
- Programmes: 74%
- Fund Raising: 20%
- Administration: 3%
- Depreciation: 1%
- Surplus: 2%

Note: The above data are not a comprehensive breakdown of our operations. They have been sent based on account parameters. Any omissions are regretted.