



DIGNITY for Elders



HelpAge India | Fighting isolation,
poverty, neglect

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The Government of India has recognised HelpAge India's work by according donations made to it eligible for tax exemption.

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REMEMBERING AMAL GANGULI



On 8th May, 2017, we lost a friend, mentor and guide of many years - Amal Ganguli, who was the Chairman of HelpAge India from November, 2004 till May, 2017.

Mr. Ganguli was a Chartered Accountant who had a long and illustrious career. He retired from corporate life as the Chairman and Senior Partner of Price Waterhouse Coopers. He served as an independent Director and Audit Committee Chairman of a number of reputed listed companies including Century Textiles and Industries Limited, HCL Technologies Limited, Maruti Suzuki India Limited, New Delhi Television Limited, Tata Communications Limited etc.

He had a vision of an India where elders lived a life of dignity, independence and free of the crushing burden of poverty. He strove hard to lead HelpAge India work towards this. Four years ago, his message in the Annual Report laid out this vision and started with a stirring line - "We

too have a dream". Team HelpAge India is determined to work tirelessly to fulfill this dream.

We reproduce below excerpts from his message written by him in September, 2013.

"We too have a dream..."

.....HelpAge India, in the past year alone, made the lives of 1.23 million sick and poor elderly people a little easier through medical treatment. In this same year, the number of our senior citizens stood at 100 million. By 2030, this figure is projected to reach 200 million. There couldn't be a better reason driving us to try even harder to reach out to a larger number.

Financial security for elders is another area that requires to be seriously tackled. Increasing costs of living, expensive medical services, a lack of an adequate universal pension all contribute to make senior citizens very vulnerable. HelpAge India is working across several forums for the early adoption of universal pension by state and national governments, though the sheer numbers and consequently the financial implications are truly formidable, especially for a government with a runaway fiscal deficit.

Over the years, HelpAge has adapted its programs to reflect the concerns of our older population, to address, for instance the twin problems of isolation and neglect that sizeable numbers of our urban elderly face.

While activities for the welfare of the disadvantaged elderly will continue to be the core of HelpAge India's work, the years to come will see an increased emphasis on pursuing a right based agenda, so that older people are aware of and able to demand and obtain what they are entitled to, which apathy and leakages often deprive them of. Increases in social tension are throwing up newer challenges for resolution. Abuse of elder people is a disturbing and increasing phenomenon; it could get worse in years to come.

Transforming society is a long hard and arduous task, one that HelpAge will work on through its strong advocacy initiatives. The journey ahead is full of challenges but as HelpAge India looks ahead ...the vision remains clear: a society where the elderly have the right and the ability to lead active, healthy and dignified lives, contributing to the present generation as well as looking to them for empathy and a helping hand."


Amal Ganguli
Chairman

New Delhi
Sept 2013

MESSAGE FROM THE CEO

Elders get Enterprising - Towards a life of dignity

In a country of 104 million elders, 51 million live below the poverty line. By 2050 the number of senior citizens is estimated to rise to 324 million. With more than half the country's elderly living below the poverty line, survival is crucial. Where quality of life is concerned for these elderly, there is much left to be desired. Inadequate healthcare, minimal or no pension and a depleting source of income, often force the destitute rural elderly to continue working despite physical hardships.

In cities, the retired elderly face similar problems of dwindling incomes, failing health and an absence of alternative post retirement career options, making life extremely tough. To add to this, a growing sense of insecurity and dependence on others to sustain themselves, often lead to social isolation and depression.

The constant and rapid pace of change in technology makes it even more difficult for elders, as they are unable to keep up with the latest gadgets, mobile applications, new smart phones, tablets etc. This handicap excludes elders from the main stream social fabric. To tackle this, HelpAge started the 'Digital Literacy' program introducing elders to the online world. Partner institutions, organizations, volunteers and interns supported us in this endeavor by conducting basic tutorials for elders, using the HelpAge Handbook for senior citizens – How to use Smart Phones and Computers.

As times are changing, so is the ever-increasing generation gap between the young & the old, the toughest age group to sensitize is the young adolescent. To bring together the youth and the silver generation, this year we launched the 'When I'm 64' school competition aimed at sensitizing students from Class 8 to 10, encouraging them to think about the elderly and life after 60. The response we received was tremendous and many students said it brought them closer to their grandparents.

While we are working towards inculcating age care values in the younger generation, we are also simultaneously working towards providing our elders with a better quality of life by urging them to form Active Enterprise Groups so that they can earn their own living without being dependent on anyone. A steady source of income also brings with it respect within the family and community, besides sustenance. I am happy we have been able to help form many such Enterprise Groups.

None of these initiatives would have been possible without the generous support of our donors – whether corporates, institutions, individuals or our partners. I thank them all. It's been a long journey, yet there are miles to go.

I hope with their help and support, we continue working towards our endeavor to provide our elders with a life of independence & dignity.


Mathew Cherian
CEO



New Delhi
Sept 2017

STORIES FROM THE FIELD

This year we bring to you stories from Mumbai and its outskirts, from urban slums to the tribal belts of Palghar, which lies 100 kms from Mumbai city. Each story is one of hardship and need. HelpAge is fortunate to have been a part of helping empower these lives and give these elders and many more like them, a life of dignity.

The most striking element in these stories, is the strength of purpose and survival amongst these elders. To beat the odds and live life in their own terms. We at HelpAge salute their spirit!

MOBILE HEALTHCARE PROGRAM

A bus ride to Healthcare



"When I don't have money, how could I go to a hospital? There is no earning member in my family, no one will give me money"- says a forlorn Kalabai Kedare, 65 years.

Suffering from multiple health problems such as high blood pressure and cholesterol, diabetes and joint pains and with no one to support her, life was hard. Her husband was a cobbler, but she says his hands don't work anymore so she has to look after him and support the both of them.

With no children, a handicapped husband and no other support system, she had no choice but to work despite her aches and pains. She earns a meagre Rs.700 per month after toiling as a maid in 3 to 4 houses daily. It was a hard and painful life till she was introduced to the HelpAge Mobile Healthcare Unit (MHU) program.

Today, she takes a bus ride to the HelpAge Mobile Healthcare Unit site in Malvani from her home in Malad (West) in Mumbai, 4 times a week, to take her weekly dose of free medicine and check-up.

It is a different Kalabai one meets today. *"Coming to this MHU site has been hugely beneficial to me, my joint pain has decreased and my BP, cholesterol and diabetes is now under control."* – says Kalabai, beaming with a smile and surrounded with her new found friends at the site.

SUPPORT A GRAN

Ration for sustenance



Prabhadevi Vaman Kedekar is 76 years old but when she smiles it's the smile of a 16 year old. Her endearing smile hides a life of pain.

About 15 years ago, Prabhadevi's husband Vaman Ram Chandra Kedekar died in a brutal car accident. A brave woman, she filed a case against the driver who killed her husband, trying to get justice, but the Mumbai floods flushed away most of the much needed documents. Her case has been put on hold for the past 12 years now and much of her resources in the process have depleted. Her only son was affected by polio at an early age and her daughter-in-law earns by working in the small scale industry. But there is no money or support for Prabhadevi. Whenever she falls sick, she has to depend on the generosity and kindness of neighbors and friends, with whose help she manages to get little money for her medicines.

With dwindling finances and no support, she had no means to sustain herself, managing even two meals a day for herself was a challenge. But she didn't want to beg.

It is then she got enrolled in HelpAge India's Support a Gran program, with project partner Praytna, through which she got monthly rations. She comes to the Church in Orlem, in Malad (West), Mumbai, every month to diligently collect her ration. Today Prabhadevi lives life on her own terms.

"I'm alone, I've been coming here to get ration for the past 15 years. Through this ration I've got respect from my family & community" – says a smiling Prabhadevi.



RESTORATION OF VISION

Sight for survival



Jani Shankar Phadwade, 67 years, eyes twinkle as she smiles her toothless smile. She insists she has only one tooth left and there wasn't any point in taking her picture. But the next moment she would break into laughter, invariably showing you that single tooth of hers.

But all was not perfect in Jani's life, she had cataract in her left eye. She had lost all hope of ever being able to see clearly again. Jani is from the tribal belt, from a village in Jawhar Taluka in Palghar district, which is about 100 kms from Mumbai city. She spends most of her days looking after her home. Earlier she used to do manual labour in the fields, but her failing vision started becoming a hindrance. It was a screening camp organized at Jawhar Taluka by HelpAge with the help of its project partner, Bhakti Vedanta Hospital at Mira Road, District Thane, that she discovered she had cataract in her left eye.

Unable to afford treatment for surgery, she became one of many beneficiaries who were taken under the wing of HelpAge's Restoration of Vision program for destitute elders and was operated for cataract, free of cost. A quick surgery was all that was needed to restore Jani's life and along with it, her dignity.

Today Jani smiles her endearing smile, ready to take on whatever challenge life throws at her.



OLD AGE HOMES

A home at last



71 year old Prabhavati Prabhakar Karekar, living in Anand Vriddha Ashram, is warm, welcoming and seems like without a care in the world. But behind that smiling face lies a horrific story of abuse and harassment. *"My life had taken such a turn that I was ready to commit suicide"* says Prabhavati.

Originally from Goregaon, Mumbai, Prabhavati was married at the age of 23. Soon she suffered two miscarriages and her husband passed away, leaving her to fend for herself. She started doing social work for a well-known charity, hoping to spend the rest of her life helping others in need. *"I spent a large part of my life helping others, but I never thought I would reach this stage in life"* - she says.

After her husband death, she bought a small flat in Goregaon, to sustain herself took on a tenant. But the tenant cheated her of her property and Prabhavati was literally left on the road, thrown out of her own home.

"I was found by a social worker and taken to an ashram where I was treated very badly. I was beaten, not given food, the in-charge would drink and hurl vile abuses at me. When it became unbearable I started looking for a rope to hang myself. One morning when I couldn't bear it anymore, I escaped and met a social worker on the road, who recognized me. I told him my story and he persuaded me not to commit suicide," says an emotional Prabhavati.

This social worker took her to Manisha Pradip Kotak, a kind lady who ran Anand Vriddha Ashram, in Palghar. In this home she found not only shelter and the means to sustain herself, but she also received medical aid through the HelpAge supported Physiotherapy centre and Mobile Healthcare Unit which makes regular trips there to treat the residents.

Today, Prabhavati is happy and secure in her new found home away from home and says *"The family I never had, I've found it here. We all live here like brothers and sisters, I'm not in want of anything now."*

USING TECHNOLOGY TO HELP ELDERS

Today's constantly evolving digital technology and increasing movement towards a cashless economy leaves elders bewildered and isolated. Their day to day life, shopping, paying utility bills become difficult and it also alienates them from the younger generation who are digital savvy. With new models of smart phones flooding the markets every day, new mobile applications, usage of debit/credit cards and mobile wallets becoming the norm, elders can no longer afford to be digital illiterates. Also the way to communicate with the younger generation - WhatsApp, Facebook etc. needs to be learnt.

Digital literacy classes for Elders

HelpAge created an 'Easy Guide to Learn Smart Phones and Computers' which was used to conduct training workshops across the country to digitally empower elders. Young volunteers selflessly gave their time, corporates such as Oracle joined the campaign with their staff holding regular weekend classes in their neighborhood, schools like Ramjas, Delhi, threw open their computer labs for after school classes for elders.

Here are some snapshots:

Delhi



A young volunteers teaches elder members from the Senior Citizens Association in Dwarka, Delhi, how to - Google Search, Skype with loved ones, use Android/iOS phones and how to pay household utility bills online with ease.

Ahmedabad



Elders receive training on Mobile & Internet Technology at a workshop organized by HelpAge and co-sponsored by 'Telenor' for the elderly at the Blind People Association, Vastrapur, Ahmedabad (Gujarat).

Chennai



Elderly women members of the Senior Citizens Bureau in Chennai (Tamil Nadu), try out the various features of a Smart Phone during the training workshop on E-Payments.

Mumbai



Elder women from Samanvay Senior Citizens Association, Aazad Nagar, Andheri West, in Mumbai (Maharashtra), learn how to use the Smart Phone to pay bills online.

Help is just a click away - HelpAge launches the SOS App



Mr. Najeeb Jung, former Lt. Governor of Delhi, launches the HelpAge SOS App for elders at the national capital along with Mr. Mathew Cherian, CEO, HelpAge India. Looking on are Mr. J.R.Gupta, Chairperson, Confederation of Senior Citizens of Delhi and Ms. Manjira Khurana, Country Head, Advocacy & Communications, HelpAge India.

Key features of the App:

- A click on the SOS button of the App directly connects to the HelpAge helpline staff/ counsellor. Its' 24x7 functionality aims at helping elders in distress at any given time. In case of emergencies, it connects them with the local Police, hospital or old age homes if need be.
- It empowers elders with 'Information on Critical Issues' related to them, such as: How to make a Will, about The Maintenance and Welfare of Parents and Senior Citizens Act, their Rights & Entitlements, Active Ageing tips, Financial Planning etc.
- It provides real time GPS enabled information on retail outlets that provide discounts to senior citizens who are members of the HelpAge AdvantAge Card program.

In the midst of rising crime and abuse against India's elderly, a common refrain both from affected elders and sympathetic bystanders who may want to help is, "In a crisis we do not know who to call and what the call center number is."

To tackle this issue HelpAge designed a security App for elders, called HelpAge SOS. SOS stands for 'Save Our Seniors'. The App serves as a one-stop security measure for elders nationally, connecting them to the HelpAge local Elder Helplines across India.

This App was launched in the national capital by former Lt. Governor Najeeb Jung on June 14, 2016, to mark 'World Elder Abuse Awareness Day'.

To create awareness about the launch of App and the issue of Elder Abuse, similar functions were held across the nation. Various mediums were used to create awareness such as walkathons, street theatre, candle light marches, signature campaigns etc.

Kolkata



Mr. Vishal Garg IPS, Joint Commissioner of Police (Crime & Special Task Force) launches the HelpAge SOS App in Kolkata, (West Bengal).

Chennai



Mr. Seshasai, IPS, Addl. Commissioner of Police launches the HelpAge SOS App in Chennai (Tamil Nadu).

ADVOCATING THE ELDER CAUSE

Welfare activities for elders are not enough to change the lives of elders. For sustainable and widespread impact, the elder cause needs to be advocated – with the government, the police, the media, the general public, especially young adults, school children who are the future care-givers to elders and also elders themselves. HelpAge works with all these stakeholders.



Sensitizing the Police

As part of HelpAge's advocacy efforts, a 'One Day Police Training program on elder issues' was held in the office of the Deputy Commissioner of Police, Egmore in Chennai, for the city police. The Police personnel were briefed about the use of the HelpAge SOS App, along with information shared about the Maintenance and Welfare of Parents & Senior Citizens Act, 2007, legal issues of elderly mainly on crime against elderly, how to write Wills, property issues etc.

Working with media partners to make roads safer for Elders

In keeping with our advocacy efforts to make cities safer for elders, HelpAge tied up with media house NDTV for a Road Safety campaign where elders raised their voice against societal attitude towards elders on the street, in Mumbai & Bengaluru. They held placards and marched down the streets demanding safer roads for seniors and children alike.



Elders help spread the Pension message

Most elders are unaware of their Rights & Entitlements, especially those below the poverty line. HelpAge works to educate not just the underprivileged elders, but also co-opts the urban more privileged elders to spread awareness about old age pension schemes.

Elders interact with HelpAge staff members during such an awareness session for various Senior Citizen Associations and elder beneficiaries in Mumbai. These sessions help turn elders into active advocates for their cause.

Social worker teaches preventive healthcare



Mr. Pradip Kadam, social worker at the MHU in Patalganga (Maharashtra), educates elders and their community about the symptoms and preventive measures of water-borne diseases such as Cholera, Diarrhea, Typhoid, Malaria and Dengue, during an awareness session at Jambhivali site.

Elder cause receives support from the Judiciary



This February 2017, elders received a strong tool for self-defense with the Parents

Maintenance Act getting a major boost. The Delhi High Court ruled that elders can now evict their children from their homes if they turn 'greedy' or 'abusive' by simply complaining to the Deputy Commissioner/ District Magistrate. The court specified that the house need not be self-acquired or owned by the parents. As long as the elders are in legal possession of the property, abusive sons and daughters can be evicted.

Govt. supports health camp for elders



An elderly man gets a thorough health check-up at the 'Preventive Health check-up camp for Senior Citizens' organized by HelpAge at Faridabad (Haryana), supported by the Ministry of Social Justice & Empowerment.

Panchayats work with HelpAge



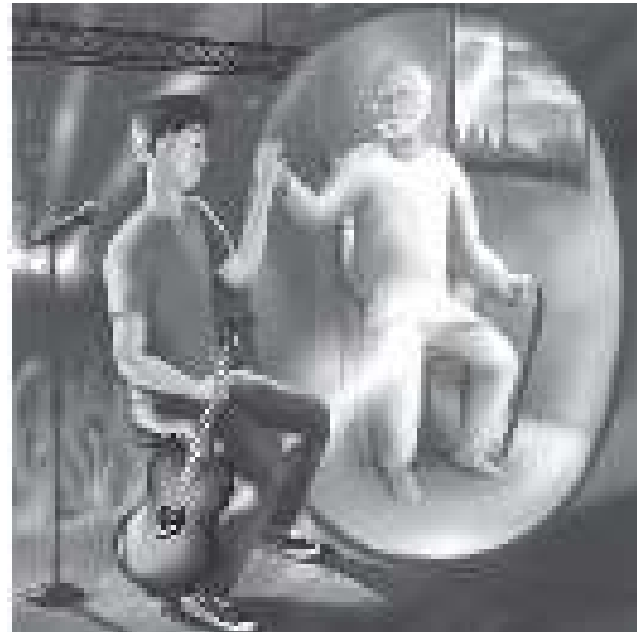
Dr. Edenjamyang Bhutia, HelpAge MHU Doctor, talks about various measures and precautions one can take during the Health Awareness program organized for elders in Rongay, Gangtok (Sikkim) at the Rongay Gram Panchayat office, in the presence of M.s. Munna Chettri, Panchayat Member.

WHEN I'M 64

A HelpAge India contest for school students

While the HelpAge 'School Action for Value Education' (SAVE) program has been very successful in sensitizing young school children, it has always been a challenge to reach the students in senior classes. A first step in this direction was a launch of an unique pan India contest for school children from classes VIII, IX and X - titled 'When I am 64'.

The contest had three components Essay writing (in English or in Vernacular), Film making using mobile phones and conceptualizing a Science project for evolving elder care products and services. The contest received a tremendous response from schools and the young students, nearly 8000 school children participated and came up with innovative ideas. The most popular response was in essay writing and video films.



Pic. Credit: Dhyananjay Shetgaonkar

In an interesting feedback session in the capital, the students shared their experiences and said that partaking in the competition increased their interaction with their grandparents and brought them closer to them.

Delhi



Teacher & Students of Class VIII, Modern Public School, Shalimar Bagh, Delhi, receive the prize-winning Star School Trophy for Hindi Essay Writing, from Mr. Mathew Cherian, CEO, HelpAge India during the prize distribution ceremony at the capital.

West Bengal



Winner of English Essay Writing, Pratyush Saraogi, Class - X, DPS megacity, Kolkata (WB), receives his Winning Certificate. Looking on are Ms. Indrani Sanyal, Principal of the school and Ms. Sharmila Majumder, Territory Head (West Bengal & North East), HelpAge India.

ENCOURAGING ACTIVE AGEING

Studies across the world show that elders who lead a productive working life, enjoy better both physical and mental health. HelpAge has been working with Senior Citizens Associations to encourage individual seniors as well as senior groups to come together to practice Active Ageing.

These are a few cases of elder groups coming together to start an enterprise and earn a livelihood or even some pocket money, which goes a long way in restoring self-belief and dignity.

Vermicomposting in Supaul, Bihar



In the interiors of Supaul District, elders of Paramanandpur & Arraha villages, who lost their livelihood during the floods, have now found a new source of livelihood, that of turning cow dung and vegetable waste into a lucrative business of Vermicomposting. The elders have constructed 82 vermicomposting units in the compounds of the Flood Relief Centre in Paramanandpur village. Out of these 82, HelpAge is supporting 60 units and the remaining 22 units were created by the Elder-Self-Help-Groups that HelpAge helped form. The average earnings vary from 8000 - 10,000 per month. The overall maintenance of this livelihood activity and the final produce is managed by the elders who have formed an independent company for business purposes called Aasara Elders Producers Company Ltd.



Bangle making in Puducherry

65 year old Lakshmi along with 72 year old Thiripurasundari, learn the art of Bangle-making during a jewellery-making workshop organized by HelpAge for elders in Puducherry. They have now formed the 'Aravindhar Active Aging Enterprise Group' along with other enterprising women. The members of the group now sell their products to potential customers. This unique activity has not only helped them use their time productively but also helped them regain their self-confidence.

Active Ageing groups learn a craft



A group of elder women in Cuddalore (Tamil Nadu), learn how to make woollen dresses. They have formed themselves into an 'Active Aging Enterprise Group' and now sell their products in the market. This unique activity has not only helped them use their time productively but also helped them gain independence.



Elderly women master the method of Fabric Painting during a 2-day training workshop organized for them at Vayojana Sevana Kendram at Chullickal, Kochi (Kerala).

One Active elder who changes lives - 'Outside Syllabus'



73 year old K.P. Sarkar, a retired Professor of Physics, decided that even though he had retired from his job, he would not retire from teaching. He decided to dedicate his time to help those that needed it most. Therefore, he became a member of the 'Kolkata Kinjal Active Ageing Group' of retired professionals and joined them in their endeavor to help underprivileged children. The decision not only helped the children who needed

guidance, but also kept Sarkar busy post retirement. The class he takes has been named 'Outside Syllabus' and appropriately so, as the topics don't fall under the usual academic fold. It covers issues of health and hygiene, duty towards society and elders, time management in order to cope with the examination schedule, career counselling and overall building of self-confidence. It is a highly satisfying experience for both the elder members and the children and has brought both generations closer to one another.

Elders take up their own cause- Fighting depression and loneliness



Members of the Senior Citizens Association in Sector -21, Chandigarh, highlight the issue of 'fighting depression in old age' through a skit on the occasion of 'World Health Day'. Besides the play, a cultural program was organized by this Active Ageing group who also showcased their singing & dancing skills with the Bhangra, Giddha and rousing folk songs.



Marathi theatre artists highlight the issue of 'loneliness amongst elders' through their play 'Bhanda Soukhya Bhare' at Damodar Natya Mandir, Parel. The play focused on the loneliness parents feel when their children settle abroad and forget them and how they find a solution to counter this loneliness with positivity. The play was especially staged for the elder beneficiaries of Naigaon site of HelpAge India's Mobile Healthcare Unit, Mumbai.

Actively planning for Financial Security

It is imperative that elders plan their finances wisely to live life comfortably in their later years. Responding to the demand from a group of seniors, HelpAge organized a workshop on Financial Education and called in an expert from Security Exchange Board of India (SEBI).



Mr. Pramod Kumar Verma, from Security Exchange Board of India (SEBI) talks to members of the Senior Citizens Council of Delhi on Financial Education. The class focused on ways to better financial planning for elders in their later years.

THANK YOU DONORS

Project Gaman - supported by HSBC A healthcare & livelihood initiative



HSBC continued to extend support towards HelpAge India's Livelihood and Healthcare initiatives – Project Gaman – a 3 year project which focuses on the provision of essential primary healthcare, vision restoration, eradication of poverty, livelihood enhancement, and reducing social and economic inequalities. The project is being undertaken in 5 Indian states of Maharashtra, West Bengal, Andhra Pradesh and Telangana, Tamil Nadu and Delhi NCR. Till date, over 13,095 beneficiaries have received 1,38,673 treatments under the health program and approximately 12,000 elders have received livelihood support via the formation of 1010 Self-Help-Groups.

RECL



Rural Electrification Corporation Ltd. supported the provision of Multi-Facility Health Packages to 50 Old Age Homes across India.

Deutsche Bank supported 15,000 cataract surgeries



Deutsche Bank provided extensive and invaluable support towards HelpAge India's vision to eradicate preventable blindness in India, by supporting 15,000 cataract surgeries with intraocular lens implant in and around 14 Indian cities. HelpAge India worked in partnership with reputed and leading eye care hospitals and institutions. All cataract surgeries were undertaken in sterile conditions in the Operation Theatres of partner hospitals with strict adherence to all statutory compliances. HelpAge India managed the entire project tend-to-end.

EIL



Engineers India Limited supported the provision of Multi-Facility Health Packages to 12 Old Age Homes across 5 Indian states.

SNM Foundation continues to support HelpAge India's Mobile Healthcare Unit program



SNM Foundation continued to support 10 Mobile Healthcare Units in the hilly and remote areas of Himachal Pradesh and Uttarakhand, and also in Bihar and Maharashtra. The project covering 10 districts and aptly titled 'Satluj Sanjeevani Sewa' (3S), is a joint initiative between SNM Foundation and HelpAge India, which commenced in 2013. Project 3S has until date provided free primary healthcare to 1,74,887 needy elders and community members via 4,32,809 treatments, bringing healthcare to the doorsteps of the unreached.

Asian Paints continues its long-standing support towards HelpAge India's healthcare initiatives



Asian Paints has given almost 12 years of consistent support towards HelpAge India's healthcare initiatives. Asian Paints currently supports 6 Mobile Healthcare Units, at Kasna (Uttar Pradesh), Khandala (Maharashtra), Siperumbudur (Tamil Nadu), Rohtak (Haryana), Patancheru (Andhra Pradesh), and Mysore (Karnataka). The MHUs have provided 3,08,125 treatments to 35,692 patients until date.

NDTV Viewers support Elders village



'NDTV Viewers' supported the construction of an Elders' Village residential facility at Kedarghati, Uttarakhand.

ONGC consistently supported HelpAge India's Mobile Healthcare Unit program for over six years



Oil and Natural Gas Corporation Ltd. (ONGC) has been a consistent supporter of HelpAge India's Mobile Healthcare Unit program across India. The project, Varishthajana Swasthya Sewa Abhiyan (VSSA), which commenced in 2010 with 20 Mobile Healthcare Units, is a joint endeavour of HelpAge India and ONGC to provide essential primary health services to our disadvantaged elders who cannot afford or access healthcare.

In 2016, ONGC supported 11 more Units across the country, bringing its total fleet to 31 Units spread across 23 districts. VSSA has provided over 20 million treatments to nearly 1,00,000 patients until date.

Adani Foundation expanded its fleet of Mobile Healthcare Units



Adani Foundation supports 8 Mobile Healthcare Units at different locations across India. The Foundation commenced its partnership with HelpAge India in 2013, by supporting three Mobile Healthcare Units at Tiroda (Maharashtra), Kawai (Rajasthan) and Dahej (Gujarat). The Foundation has now also funded 5 new Units at - Tiroda (Maharashtra), Godda (Jharkhand), Vizhinjam (Kerala) and Dhamra (Odisha). The MHUs have meted out 3,52,465 treatments to 48,869 patients until date.

Hewlett Packard Enterprise donates e-Health Centers to HelpAge India



Hewlett Packard Enterprise donated 4 e-Health Centers to HelpAge India, an innovative and unique initiative where information technology is used to enable local healthcare services and telemedicine, while collecting essential data pertaining to patients' health and related issues. This is a first-of-its-kind project undertaken by HelpAge India, and addresses healthcare delivery and healthcare education problems of the country. The project is being undertaken in 5 Indian states and the company looks to increase its support by donating additional Centers in the near future.

GE supports Mobile Healthcare Units and cataract surgeries



GE supported three Mobile Healthcare Units at - Durgapur (West Bengal), Shahbad (Karnataka) and Padappai (Tamil Nadu). GE has also helped restore vision to over 3000 elderly via cataract surgeries with intra-ocular lens implant.

National Stock Exchange supports HelpAge India's livelihood & healthcare initiatives



Project Shradhha, a livelihood project supported by National Stock Exchange, is a 3-year project in four backward districts of four different states representing the four different regions of the country. The Project focuses on the three concepts of Social, Financial and Health Inclusion through the vehicle of Elders-Self Help-Groups and their higher order federations.

BHEL



Bharat Heavy Electricals Limited (BHEL), for the fourth consecutive year, supported 5 Mobile Healthcare Units at Leh (J&K), Angul (Odisha), Durgapur (West Bengal), Nagpur (Maharashtra) and Ferozpur (Punjab).

HDFC Bank



HDFC Bank continued to support operational costs of one Health, Diagnostic, and Physiotherapy Centre at Ghavani, Rudrapur, (Uttarakhand).

Oberoi Hotels and Muntaz Hotels



Oberoi Hotels Private Limited and Muntaz Hotels Limited continued to support HelpAge India's Access to Healthcare program in Shimla and Agra, respectively. The program aims to set up a comprehensive healthcare system through various community-based health and livelihood interventions, in order to enable continued access to good quality healthcare to reach the unreached.

Honda Motorcycle and Scooter India Pvt. Ltd.



Honda Motorcycle and Scooter India Pvt. Ltd. continued to extend support for 3 Mobile Healthcare Units at Vithapur (Gujarat), Narsapura (Karnataka) and Tapukara (Rajasthan), and 1 Stationary Healthcare Unit at Vithapur.

HFCL



Himachal Futuristic Communications Ltd. (HFCL) partnered with HelpAge India in 2016, by supporting 2 Mobile Healthcare units at Goa and Sardarshahar (Rajasthan), as well as 1 Specialized Mobile Healthcare Unit at Solan (Himachal Pradesh).

Agriculture Insurance Corporation of India



Agriculture Insurance Corporation of India Limited again sponsored 1000 cataract surgeries for elderly in need of vision restoration.

CAIRN India



CAIRN India Limited has extended nearly 10 years of support to HelpAge India's healthcare initiatives and has supported four Mobile Healthcare Units - two in Barmer (Rajasthan) and one each in Dwarkadish and Radhanpur (Gujarat), as also health camps in both the states.

CIPLA Foundation



CIPLA Foundation continued to support three Mobile Healthcare Units at Patalganga (Maharashtra), Baddi (Himachal Pradesh), and Indore (Madhya Pradesh).

Oracle



Oracle partnered with HelpAge India to support two Mobile Healthcare Units, at Delhi NCR and Coimbatore (Tamil Nadu).

Caterpillar India



Caterpillar India continued to support two Mobile Healthcare Units in Karnataka, for the second year in a row.

Sun Pharma



Sun Pharma supported three Mobile Healthcare Units at Halol (Gujarat), Ahmednagar (Maharashtra) and Gangtok (Sikkim).

Qualcomm



Qualcomm supported three Mobile Healthcare Units to provide free healthcare to needy older persons and the communities they live in, in Chennai (Tamil Nadu).

GAIL



GAIL supported two Mobile Healthcare Units at Rudraprayag, Uttarakhand.

Bharat Financial Inclusion



Bharat Financial Inclusion Limited (formerly SKSMicrofinance) supported HelpAge India's vision restoration program by sponsoring 2400 cataract surgeries across India.

ANZ



ANZ restored the vision of 1600 older persons in Karnataka, via cataract surgeries with intra-ocular lens implant.

AT & T



AT&T supported 1000 cataract surgeries for disadvantaged elders.

HONORING OUR DONORS

Annual HelpAge Awards

The following Companies were honored with the Annual HelpAge Awards for their exemplary service to society & the cause of the aged, on the 'International Day of Older Persons', 2016, by Dr. Jitendra Singh, Hon'ble Minister of State for Development of North Eastern Region and the Prime Minister's Office:

The **PL Roy Award** was given to **SVN Foundation** for Outstanding Continuing Contribution towards Corporate Social Responsibility towards elders and the communities they live in.



Mr. R.N. Misra, Chairman & Managing Director, SVN Limited, receives the PL Roy Award.

The **Gold Plate** was awarded to The Hong Kong and Shanghai Banking Corporation, for the highest contribution to HelpAge India for the cause and care of the elderly



Mr. Stuart P. Milne, Group General Manager and CEO, The Hong Kong and Shanghai Banking Corporation, India, receives the Gold Plate Award.

The **Silver Plate** was awarded to Asian Paints Ltd. for the Company's consistent and significant contribution towards HelpAge India's work for the disadvantaged elderly.



Mr. Sunil Singh, General Works Manager, Asian Paints Limited (Kasna Plant), receives the Silver Plate Award.

The **Bronze Plate** was awarded to Honda Motorcycle and Scooter India Pvt. Ltd. and Cairn India, for their generous contribution to HelpAge India's healthcare initiatives for the needy elderly.



Mr. Sharad Pradhan, Deputy General Manager-CSR & Government Relations, and Mr. Kamal Singh, Assistant Manager-CSR, of Honda Motorcycle and Scooter India Pvt. Ltd. receive the Bronze Plate Award.



Mr. Shashwat Kulshreshtha, Senior Manager-CSR, and Mr. Sundar Raj, Manager-CSR, Cairn India, receive the Bronze Plate Award.

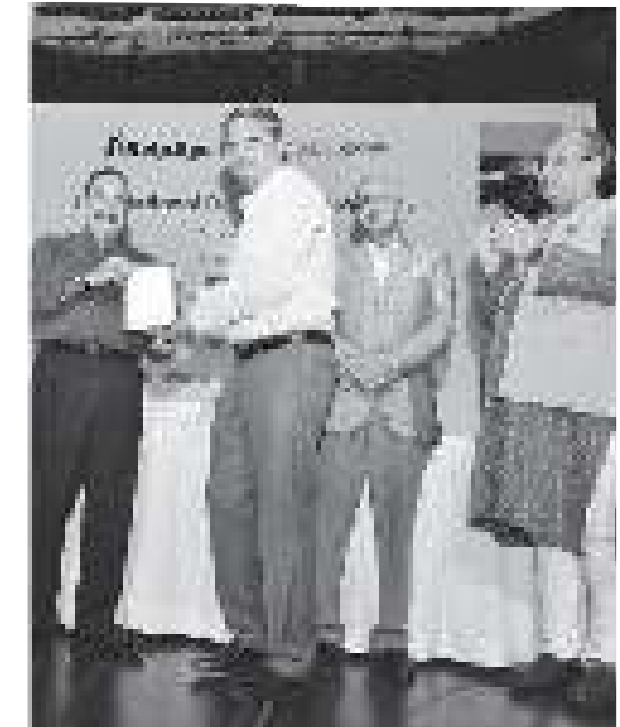
Plaques of Recognition were awarded to three Companies who have extended extensive and committed support towards HelpAge's work the cause and care of the elderly.



Mr. Narendra Thakur, General Manager-HSE & CSR, Bharat Heavy Electricals Ltd. receives the Plaque of Recognition.



Ms. Alka Mittal, GM-CSR, and Mr. Vivek Mehrotra, Chief Engineer (E&T), Oil & Natural Gas Corporation Ltd. receive the Plaque of Recognition.



Mr. Sanjeev Garg, CEO-REC Foundation, Rural Electrification Corporation Limited, receives the Plaque of Recognition.

The **Samson Daniel Award** was presented to Virendra Swarup Education Centre, Kidwai Nagar, Kanpur (Uttar Pradesh), as the educational institution which made the highest contribution towards the cause of the elderly.



Mrs. Sharmila Nandi, Principal & Director, Dr. Virendra Swarup Education Centre, Kidwai Nagar, Kanpur (Uttar Pradesh), receives the Samson Daniel Award.

The **Golden Award** was presented at Chennai to Dr. Mrs. Y.G. Parthasarathy – for being an exceptional Indian citizen over the age of 80 years; an eminent educationist, a visionary in progressive practices of schooling and an art connoisseur.



Dr. Mrs. Y.G. Parthasarathy receives the Golden Award from Hon'ble Mr. M.M. Rajendran, Former Governor of Odisha.

The **Excellence Award** was presented to Mrs. Grace Pinto, MD, Ryan International Group of Institutions, for excelling in social responsibility towards the elder cause and society at large.



Mrs. Grace Pinto, MD, Ryan International Group of Institutions, receives the Excellence Award.

PROGRAM HIGHLIGHTS 2016 – 17

- Asia's largest Mobile Healthcare network for elders with 144 medical vans servicing 1920 community locations spread over 24 states, provided 23.25 lakh treatments.
- 3.55 lakh beneficiaries were treated at 993 health camps.
- 34,679 free cataract eye surgeries were conducted.
- 68,843 Geriatric physiotherapy treatments were provided across 23 locations in the country.
- 28,896 calls were received through the toll-free Elder Helplines across 20 state capitals.
- 857 abandoned elders were rescued.
- 20,000 elderly in 1400 Elder-Self-Help-Groups are being supported.
- 1145 Senior Citizens Associations, with more than 14 lakh members were partnered in 23 states.

CORPORATES/ TRUSTS & FOUNDATIONS

- AAKAR SOCIAL VENTURES, NAVI MUMBAI
- AOCLEAR'S BUSINESS SOLUTIONS PVT LTD., KOLKATA
- ADANI FOUNDATION, AHMEDABAD
- AGRICULTURE INSURANCE COMPANY OF INDIA LIMITED, NEW DELHI
- ALLSCRIPTS (INDIA) PVT LTD, BANGALORE
- AMMADO
- ANZ OPERATIONS & TECHNOLOGY PVT LTD, BENGALURU
- ANZ SUPPORT SERVICES INDIA PVT LTD, BANGALORE
- APC NUTRIENTS PVT LTD, MUMBAI
- APG INTELLI HOMES, BANGALORE
- APOLLO MUNICH HEALTH INSURANCE, GURGAON
- ARCTERN CONSULTING PVT LTD, BANGALORE
- ARISTA NETWORKS INDIA PVT LTD, BANGALORE
- ASIAN PAINTS INDUSTRIAL COATING PVT LTD, VAPI
- ASIAN PAINTS LIMITED, GREATER NOIDA
- ASIAN PAINTS LIMITED, ROHTAK
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- BALMER LAWRIE & CO LTD, CHENNAI
- BHARAT DYNAMICS LIMITED, HYDERABAD
- BHARAT FINANCIAL INCLUSION LTD, HYDERABAD
- BHARAT HEAVY ELECTRICALS LIMITED - IVP GOINDWAL, TARN TARAN
- BHARAT HEAVY ELECTRICALS LTD-POWER SECTOR EASTERN REGION (PSEER), KOLKATA
- BHARAT HEAVY ELECTRICALS LTD-POWER SECTOR NORTHERN REGION (PSNR), NOIDA
- BHARAT HEAVY ELECTRICALS LTD-POWER SECTOR SOUTHERN REGION (PSSR), CHENNAI
- BHARAT HEAVY ELECTRICALS LTD-POWER SECTOR WESTERN REGION (PSWR), NAGPUR
- BHARAT PETROLEUM CORPORATION LTD, MUMBAI
- BLUE CROSS LABORATORIES PRIVATE LIMITED, MUMBAI
- BLUE DART EXPRESS LIMITED, MUMBAI
- BUSINESS & COMMUNITY FOUNDATION (BCF), DELHI
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- CATERPILLAR INDIA PRIVATE LTD, CHENNAI
- CENTRAL U.P. GAS LIMITED, KANPUR
- CHARITIES AID FOUNDATION AMERICA, VIRGINIA
- CHARITIES AID FOUNDATION INDIA, DELHI
- CIPLA FOUNDATION, MUMBAI
- COASTAL GUJARAT POWER LTD, KUTCH
- CONTAINER CORPORATION OF INDIA LTD., NEW DELHI
- DAIICHI SANKYO INDIA PHARMA PRIVATE LIMITED, GURGAON
- DALMIA BHARAT FOUNDATION, NEW DELHI
- DELHI METRO RAIL CORPORATION, NEW DELHI
- DEUTSCHE BANK AG, MUMBAI
- E I D PARRY (INDIA) LTD., SRIKAKULAM
- EMCO ENERGY LIMITED, BANGALORE
- ENGINEERS INDIA LIMITED, DELHI
- FULLERTON INDIA CREDIT CO LTD, MUMBAI
- GAIL(INDIA) LIMITED, NEW DELHI
- GAMESA RENEWABLE PRIVATE LIMITED, CHENNAI
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- GE India
- GE T&D INDIA LIMITED, NOIDA
- GHCL FOUNDATION TRUST, AHMEDABAD
- GMR HYDERABAD INTERNATIONAL AIRPORT LIMITED, HYDERABAD
- GMR VEMAGIRI POWER GENERATION LIMITED, RAJAHMUNDRY
- GRUH FINANCE LIMITED, AHMEDABAD
- HAPAG-LLOYD GLOBAL SERVICES PVT. LTD., THANE
- HDFC BANK LIMITED, MUMBAI
- HDFC STANDARD LIFE INSURANCE CO. LTD., MUMBAI
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- HINDUSTAN LEVER EDUCATIONAL & WELFARE TRUST, MUMBAI
- HINDUSTAN ZINC LTD, JAIPUR
- HI-TECH ARAI PRIVATE LTD, MADURAI
- HONDA MOTORCYCLE & SCOOTER INDIA PVT. LTD., GURGAON
- HYDROLINE PRODUCTS PVT LTD, BANGALORE
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- INDIAN ENERGY EXCHANGE LIMITED, NEW DELHI
- INDIAN METALS PUBLIC CHARITABLE TRUST, BHUBANESHWAR
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- NTPC LIMITED - SOUTHERN REGIONAL HEADQUARTER, HYDERABAD
- NTPC LIMITED SMHADRI SUPER THERMAL POWER STATION, VISAKHAPATNAM
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- OBEROI HOTELS PRIVATE LIMITED, KOLKATA
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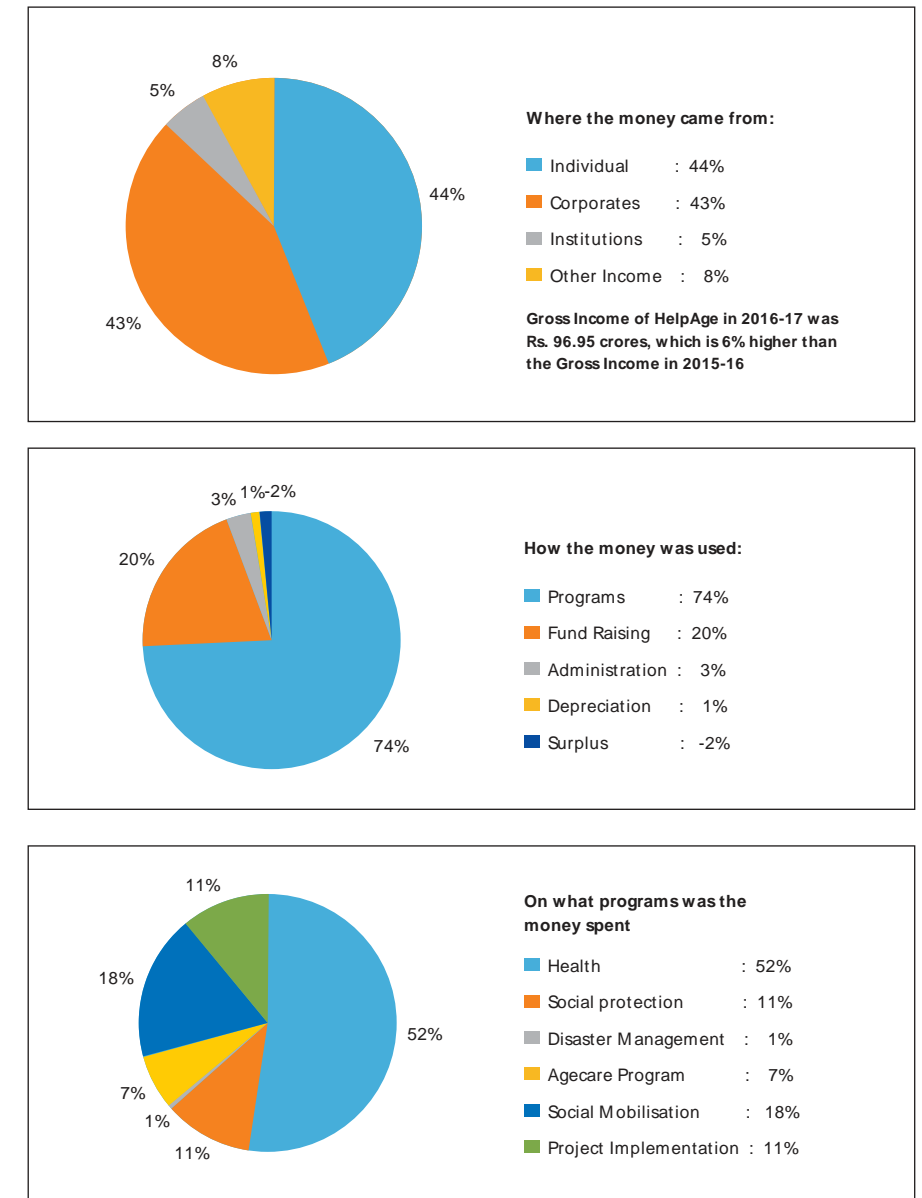
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- V M M GAME, PUNE
- V RAMJEE, CHENNAI
- V S CHANDRA, BANGALORE
- V SAGGS, DAVANGERE
- V SRINIVASA RAO, CHENNAI
- V SUJATHA, BANGALORE
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- V V RAGHAVAN, MUMBAI
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- VED PRAKASH GARG, NEW DELHI
- VED PRAKASH, NEW DELHI
- VEDA SANDEEP NAGARAJA, BANGALORE
- VEENA BHARGAVA, KOLKATA
- VEENA KULKARNI, THANE
- VEENA SUKHADA PADM ANABHAN, MUMBAI
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- VEERAMMA UPPALA, GUNTUR
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- VIDYADHAR SADASHIV VAIDYA, HYDERABAD
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- VIJAY MATHUR, MUMBAI
- VIJAY PHERWANI, MUMBAI
- VIJAY S KARANDIKAR, KALYAN
- VIJAYALAXMI SURESH, MUMBAI
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- VIKAS CHAND AGARWAL, MUMBAI
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- VIRENDRA R, HYDERABAD
- VISALAKSHY SWAMY, CHENNAI
- VISHAL RAMESH SHARMA, MUMBAI
- VISHNU CHAKRABORTY, PUNE
- VISHWAM OHAN GILDAYAL, PUNE
- VISHWANATH SESHADRI, NAVI MUMBAI
- VISWANATHAN RAMANATHAN, THANE
- VITTHAL BALKRISHNA SAPRE, SINDHUDURG
- VIVEK CHANDRASEKAR SANNAPPAREDDY, HYDERABAD
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President Emeritus

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Chairperson

Mrs. Shanta Chatterji
Treasurer

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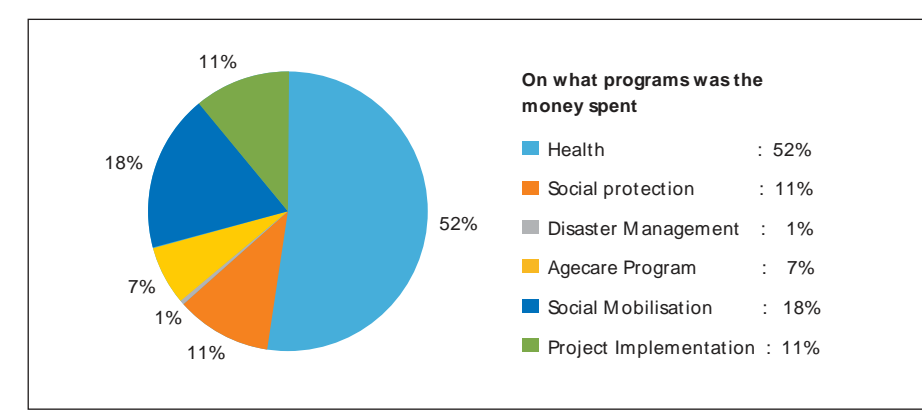
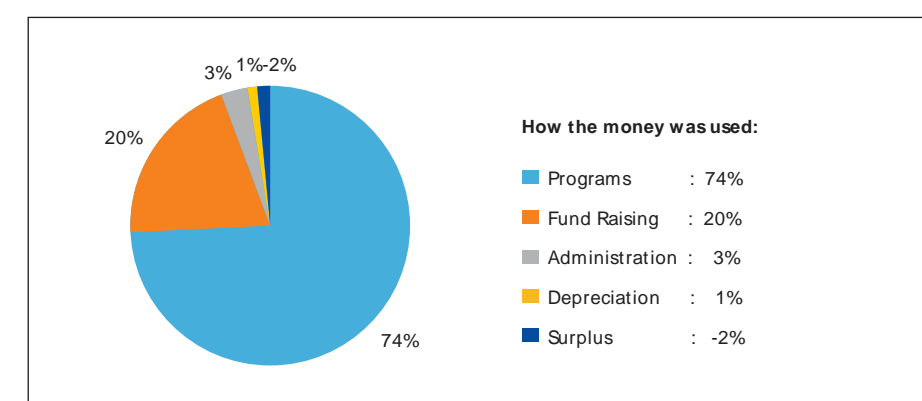
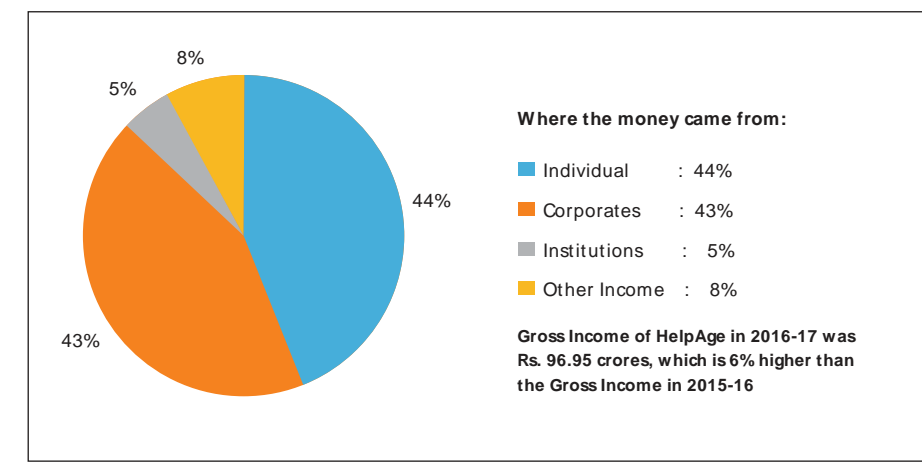
Ex-Officio Member

- SUDHIR VASU SHETTY, MUMBAI
- SUJATA LEWIS SISODIYA, MUMBAI
- SUJATA PAULOSE, CHENNAI
- SUKHDEEP SINGH, NEW DELHI
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- SULOCHANA G P, HYDERABAD
- SUM A GOPAL, BANGALORE
- SUMAN ABBI, GURGAON
- SUMAN CHANDAVARKAR, PUNE
- SUMAN MADHUKAR KANTIKAR, PUNE
- SUMAN SDANA, MUMBAI
- SUMAN SINGH, LUCKNOW
- SUMANA CHANDAVARKAR, PUNE
- SUMIT BHAGOLIWAL, GHAZIABAD
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- SUNIL K SANJANI, MUMBAI
- SUNIL KUMAR PANDEY, NEW DELHI
- SUNIL KUMAR, NEW DELHI
- SUNIL M GAVASKAR, MUMBAI
- SUNIL MOTI LALA, MUMBAI
- SUNIL SAPRE, CHANDRAPUR
- SUNILA AWASTHI, GURGAON
- SUNITA DHAWAN, GURGAON
- SUNITA MARIA PINTO, MUMBAI
- SUNITA RUHEJA, JAIPUR
- SUNITEE SHRIRAM GURUJEE, THANE
- SUNRAYS CLOTHING LLP, MUMBAI
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- SURESH CHAND, PUNE
- SURESH CHANDRA AGRAWAL, NEW DELHI
- SURESH MANLHALA, HYDERABAD
- SURESH RAJARAM RASTOGI, MUMBAI
- SURESHCHANDRAJ VYAS, AKOLA
- SURINDER DHIR, NOIDA
- SURINDER LAL KAPUR, NEW DELHI
- SURUCHI VIPUL VORA, NAGPUR
- SURYA NARAIN, NOIDA
- SURYAKALA RAO, MUMBAI
- SURYALAKSHMI COTTON MILLS LTD, SECUNDERABAD
- SURYANARAYANA RAO B K, BANGALORE
- SUSHEELA PADIYAR, BANGALORE
- SUSHIL KUMAR SHAH, CHENNAI
- SUSHIL KUMAR AHUJA, NEW DELHI
- SUSHILA KOCHHAR, GURGAON
- SUVRA SANYAL, THANE
- SWADESH SHORILAL KAPOOR, MUMBAI
- SWAMINATHAN NARAYANAN, BANGALORE
- SWAPNA DAS, PATNA
- SWAPNA DESAI, MUMBAI
- SWARAJ KRISHAN SUDEN, DEHRADUN
- SWATI SUBHASHCHAND, MUMBAI
- T KRISHNA AYYAR, CHENNAI
- T C S RAO, HYDERABAD
- T K HARSHAN, TRIVANDRUM
- T N ANANTHARAM IYER, MUMBAI
- T P CHANDRIKA, GURGAON
- T R BALAKRISHNAN, COIMBATORE
- T V CHANDRASEKARAN & MRS AKILA MUTHUKRISHNAN, SWANSEA
- TAHSEEN A NAVROZ, MUMBAI
- TALWAR CHARITABLE TRUST, MORADABAD
- TAMARAI CREDIT AND INVESTMENTS PVT LTD, CHENNAI
- TAPAS SAHOO RANJAN, HYDERABAD
- TAPATI CHAKRABARTY, JALPAIGURAI
- TARABAI, NEW DELHI
- TARUN AGARWAL, AGRA
- TARUN B SHAH, MUMBAI
- TARUN GIVRAJ PATEL, NAGPUR
- TARUN KUMAR H, BANGALORE
- TATHAGATA DUTTA, HYDERABAD
- TECHNOSHELL AUTOMATION PVT LTD, NASIK
- TEJASWINI R SHAH, MUMBAI
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- TRIVENI RUBBER, THANE
- TRUPTI PRASAD SHETTY, MUMBAI
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- UDIT NAGAR, MUMBAI
- UJWALA RAJE SHAH, MUMBAI
- ULKA KAMAT, MUMBAI
- UMA AHUJA, NEW DELHI
- UMA JAYANTILAL CHAUHAN, MUMBAI
- UMA MAHAJAN, SHIMLA
- UMA SURI, NEW DELHI
- UMESH BHATT, MUMBAI
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- UNITEDM ETAMIN PVT LTD, BEAWAR
- UNITRADE CORP, AHMEDABAD
- UNITY MULTICOONS PVT LTD, SOLAPUR
- UPL LIMITED, MUMBAI
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- URMILA RAI, MUMBAI
- USHA BALAJI, CHENNAI
- USHA JANGA, JAIPUR
- USHA KANVINDE, MUMBAI
- USHA KEHAR LUTHRA, NEW DELHI
- USHA RATRA, MUMBAI
- UTSAV R KAPADIA, MUMBAI
- UURDHVA KREATIVE MEDIA, DEHRADUN
- V L RAJESH, BANGALORE
- V MURAHARI REDDY, HYDERABAD
- V RAGHAVAN, CHENNAI
- V S ELIZABETH, BANGALORE
- V S SATISH CHANDRA, BANGALORE
- V C VARMA, BHOPAL
- V K MENON, MUMBAI
- V K SALIVATI, PUNE
- V KRISHNASAMI BHARATHI, BENGALURU
- V M M GAME, PUNE
- V RAMJEE, CHENNAI
- V S CHANDRA, BANGALORE
- V SAGGS, DAVANGERE
- V SRINIVASA RAO, CHENNAI
- V SUJATHA, BANGALORE
- V THIRUVENKITAM, KOTTAYAM
- V V RAGHAVAN, MUMBAI
- V VARADHARAJAN, BANGALORE
- V VADDIGIRI MURALI MOHAN, HYDERABAD
- VAIBHAV JAIN, MUMBAI
- VAIBHAV KUMAR, NEW DELHI
- VAIBHAV MUDHOLKAR, NAGPUR
- VAIJANTI BAPAT, PUNE
- VAIJANTI VITTHAL SARLASHKAR, PUNE
- VAISHALI VAID, PUNE
- VAJANTILAL C SHAH, MUMBAI
- VALLIAPPAN M, BANGALORE
- VANDANA JHAJHARIA, KANPUR
- VASANTLAL CHHOTLAL SHAH, MUMBAI
- VASUBEN T PAREKH, BHAVNAGAR
- VED PRAKASH CHANDAN, GURGAON
- VED PRAKASH GARG, NEW DELHI
- VED PRAKASH, NEW DELHI
- VEDA SANDEEP NAGARAJA, BANGALORE
- VEENA BHARGAVA, KOLKATA
- VEENA KULKARNI, THANE
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- VENKATA SETHA REDDY, KURNOOL
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- VENKATESAN SRINIVASAN, MUMBAI
- VENKATESH VISWANATHAN, BANGALORE
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- VIDYADHAR SADASHIV VAIDYA, HYDERABAD
- VIJAY B KULKARNI, MUMBAI
- VIJAY KISHORE KUMAR, NEW DELHI
- VIJAY KUMAR CHOPRA, LUCKNOW
- VIJAY MATHUR, MUMBAI
- VIJAY PHERWANI, MUMBAI
- VIJAY S KARANDIKAR, KALYAN
- VIJAYALAXMI SURESH, MUMBAI
- VIKARAM RANJAN AGARWAL, MUMBAI
- VIKAS CHAND AGARWAL, MUMBAI
- VIKAS CHAWLA, THANE
- VIKAS KOTHARI, MUMBAI
- VIKAS MADHAO KHARE, MUMBAI
- VIKAS SOOD, LUDHIANA
- VIKRAM ANIL KUMAR, NAVI MUMBAI
- VIKRAM KISHORE MAHIMKAR, MUMBAI
- VIMLA CHABLANI, NEW DELHI
- VIMLA RAMESH BUTANI, PUNE
- VINAY MAHESHWARI, VAPI
- VINAY SHAM MOHARIK, PUNE
- VINAYAK APTE, PUNE
- VINAYAK MULTITONE, MUMBAI
- VINIT GOVIL, GHAZIABAD
- VINITA ZACHARIAH, NAVI MUMBAI
- VINOD AGARWAL, LUCKNOW
- VINOD KUMAR SAPRA, NEW DELHI
- VINOD MADHAO PHADNIS, PUNE
- VINOD VARMA, BANGALORE
- VIPIN MANILAL MIRANI, RAIPUR
- VIRENDRA A MITTAL, MUMBAI
- VIRENDRA DATT SHARMA, NEW DELHI
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