Just as the world was finally adjusting to the new norm with the gradual waning of the pandemic, the year-end has brought it back on the radar, with the entrance of a new COVID variant. A disturbing warning of not letting our guard down and continuing to being vigilant. This time we are hopefully better prepared and better equipped.

HelpAge India has been leading the way with its indefatigable vaccination efforts, ably supporting the government’s vaccination programme. Its ability to go the last mile and reach population in far flung areas, countering vaccine hesitancy with correct information and guidance, as well as its relentless efforts to ensure elders take the precautionary dose, is a model of what strong partnerships and steadfast commitments can achieve.

While extreme situations such as the pandemic may not last forever, what will persist are health issues and the need for better healthcare systems, especially for the elderly. This is critical, along with strengthening other enabling systems such as pension/financial security, care giving, assisted living, etc. HelpAge India continues to work on these issues, through its numerous initiatives and programmes, as also by advocacy.

Technology is key to expanding and improving healthcare systems and is already playing a critical role, as we saw with the CoWIN app, which enabled India to have one of the most successful vaccination programmes in the world. Yet, technology needs to be used and modulated by the social context and factors like accessibility, affordability and availability. HelpAge India, thanks to its deep work at the grass-roots, is sensitive to these realities and understands how best to tackle them.

It is imperative to build elder responsive systems and the ‘Elderline’ (14567) is a critical step that the government has taken in this direction. HelpAge India is a strong implementing partner of the National Helpline for Senior Citizens, through which it has been able to reach out to a significantly large number of elders and provide more timely support.

Disasters, whether it be a pandemic or a natural calamity, always impact elders the most. Income, healthcare, livelihoods and rehabilitation programmes and more broadly, strengthening our social security system, is and must continue to be the larger mandate. Initiatives such as HelpAge India’s efforts with Elder-Self-Help-Groups are enabling rural elders to lead a life of dignity.

In order to understand elder needs and challenges better, we need advancements in geriatric research. We have made great strides for example, in child and maternity care, having developed clear parameters by which we can gauge progress or lack thereof. But we do not have similar parameters to understand and gauge eldercare. The absence of clear data is also a roadblock to developing more effective systems.

Behaviour is dictated by metrics, and we are more likely to achieve goals when we set clear targets. However, when it comes to eldercare in India, we are still finding ourselves having to turn to anecdotal and experiential learnings. These are vital inputs which provide in-depth insights. However, we also need figures across large samples, so as to do more data-based systematic research. This is why HelpAge India is placing greater emphasis on research – both quantitative and qualitative – publishing groundbreaking reports on various aspects of ageing and age care.

One example is HelpAge India’s report ‘The Silent Tormentor - COVID-19 & the Elderly’ (2021). It brought out the impact of the pandemic not just on elders but also on their caregivers, in both household as well as institutional settings such as old age homes. The research also took a closer look at the mental and emotional issues faced by the elderly during this period.

Mental health is a hugely neglected area in eldercare, in part due to the lack of infrastructure, but at a larger level in existing mindsets, due to the belief that such issues are an inevitable part of ageing and also often stigmatized. Many of the mental health challenges elders face, if identified early, can often be healed or at the very least managed. HelpAge India is initiating work in this area in partnership with experts, ensuring that its research leads to tangible real-world change.

We look forward to continuing working together with all stakeholders such as the Government (at Central and State levels), local bodies and authorities, corporates, other civil society organisations, individuals and society as a whole, to work towards an age-friendly India. We are grateful to our donors and our many supporters for their generous help.

I thank my peers in the HelpAge Governing Body and its Committees, who have been actively involved in guiding, assisting and helping the HelpAge team throughout. The HelpAge India team had worked with great commitment and dedication during the peak of the pandemic, often at personal risk; they continue to work with even greater zeal as we focus back on other immediate and long-term issues.

Ageing is an inevitable part of life and investing in building an age-friendly society is not only ensuring a better present for our elders today, but also a more dignified future for us all.

Kiran Karnik

New Delhi
December 2022
This year, as we all tried to settle into the 'new normal' and reclaim our lives, livelihoods and liveliness, there was a lingering sense of unpredictability keeping us all on our toes. We have, as a collective, witnessed the collapse of several certainties and systems, but at the same time, we take heart in the resilience of our fundamentals, our values and the triumph of empathy over apathy.

During the first wave of the COVID-19 pandemic in 2020, HelpAge India’s staff was exceptional, with many of them playing the role of frontline COVID warriors. With the second wave in 2021, our warriors had to dig even deeper into their reserves of selfless service and came out as true superheroes. While India was in lockdown, our staff was reaching disadvantaged elders in the most interior parts of the country, delivering ration and survival kits, facilitating vaccinations, providing medical and emotional support and even carrying out hearse services when needed. We also facilitated over 18 lakh vaccinations prioritising disadvantaged elders in remote areas.

To document and understand the lasting impact of the pandemic on senior citizens and the areas that needed urgent intervention, HelpAge India published a landmark research report in 2021, 'The Silent Tormentor – COVID-19 & the Elderly'. The study delved into how elders and their caregivers responded to the pandemic, both in a household setting and in an old age home setting.

A crisis is known to reveal character, but it also reveals credibility. It is no coincidence therefore, that this challenging year has also been one of significant partnerships for HelpAge India, built on some of our most impactful projects. We became the largest Implementing Partner for the Government-supported national toll-free helpline 'Elderline (14567)' with our services expanding to 8 States and Union Territories.

We were also recognized as the 'Technical Support Organization' for inclusion of elderly under the 'National Rural Livelihoods Mission'. The Ministry of Social Justice and Empowerment (MoSJE) recognized the impact of our Elder-Self-Help-Group model and embarked on a 5-year 'Action Groups Aimed at Social Reconstruction' (AGRASR) programme involving formation, nurturing and handholding of community-based organizations of elderly in 15 States.

Overall, this year has helped further validate our multi-pronged approach to elder care, where we strive to impact every key area of an elder’s life, whether it be healthcare, agecare, livelihood or public policy. None of this would have been possible without the hard work and dedication of our teams on ground and the overwhelming support we receive from our donors – corporates, individuals, schools, institutions and partners, who are an integral part of our ever-growing HelpAge India family.

As we continue the work of enabling, and empowering the lives of disadvantaged elders across India, I am grateful for your steadfast support – let us work together to build an age-friendly society for those who have built the foundation of our world.

Rohit Prasad
Chief Executive Officer

New Delhi
December 2022
Stories From the Field

Through the course of our work to reach and serve disadvantaged elders across the country, we are confronted on a daily basis with their stories of strife, struggle and neglect. It then becomes our duty to empower these elders and help change their life stories into tales of transformation, reclaimed dignity and independence.

2-year-old Ratan Devi has been a beneficiary of HelpAge India’s Mobile Healthcare Unit (MHU) in Kasna village, NOIDA (Uttar Pradesh) for over 8 years. She lost her husband a few years back and has been living with her son, who works as a labourer. She suffers from high blood pressure, which used to cause swelling all over her body, making it difficult for her to walk. She had visited a hospital before coming across our MHU, but did not find much relief and was unable to continue her medication as she could not afford it.

A neighbour told her about our MHU and she decided to try it out. Our MHU doctor prescribed a medication course for her, which she said worked wonders and the best part was that she did not have to spend any money at all on the medication. She is now able to walk without any assistance and manage her day-to-day work without any difficulty.

She says that she does not want to visit any other hospital or doctor, as she is happy with the service she gets through our MHU, right from the doctor, to the pharmacist and the driver. She looks forward to the weekly visit of the MHU, as it feels as if she is receiving a visit from her own family members.
Shakuntala Shridhar Gavad, aged 75 years, is fondly known as 'Aji' (grandmother) by the children of her village in Palghar district of Maharashtra. She lost her husband in 2018 and is now staying with her only son, who works as a farmer and is married with 3 children. Shakuntala too used to work on the farm but due to her failing eyesight she had to stop working, which meant one less earning member for a family already struggling to make ends meet.

The pressures of a large family to feed, by a sole earning family member, meant that there was no money to get Shakuntala's eyes checked by a doctor. She was resigned to her fate and dimming sight, often feeling an overwhelming sense of guilt for not being able to either help her son at the farm or her daughter-in-law at home.

A ray of light entered Shakuntala's life with HelpAge India's eye screening camp. Our team came across Shakuntala when they were going door-to-door to let people know about the free eye camp. After a screening by our doctors, she was detected with cataract in both her eyes. She could barely believe her good fortune when she was told that she would be getting free cataract surgery for both eyes along with spectacles, so she could see clearly for life. Shakuntala, along with over 100 other elders, were taken to a HelpAge's partner hospital and then brought back home after successful surgeries and given refractive correction glasses.

Today, Shakuntala is grateful for not just her vision being restored, but also her independence and dignity.
Satish Kumar, 72 years and Tripta Devi, 70 years, residents of Gurdaspur, Punjab, are the parents of two grown up sons and a daughter. Their eldest son lives in Jammu and has not spoken to his parents for over 15 years. Their younger son is working as a labourer and is unable to take care of his parents. Satish was also working as a labourer but had to stop due to his age.

A few years back Tripta suffered a paralysis attack, which left her unable to do anything on her own. She was completely dependent on her husband. She could not walk on her own and needed help with simple movement & daily living activities. As the couple did not want to become dependent, on their daughter and son-in-law visited HelpAge India’s old age home in Gurdaspur, requesting for their admission.

At the time of their admission, Tripta could barely walk a few steps and also needed to be fed by her husband. In no time at all, with the proper diet, medical attention, exercise and care, there was an incredible change in Tripta’s health. She began to walk independently and started doing mild exercises in the open air gym. Within a month she started taking care of herself without needing any help. She has regained her independence as well as her zest for life and together the couple has found a new home and an even bigger family to call their own!
Getting a check-up in a hospital is always a daunting task, especially when it is a gargantuan institution such as AIIMS. It is even more difficult to navigate, when you are a senior citizen, as there is often a lot of walking, waiting and coordinating required to get consultations, tests, etc. Dharam Chand, 62 years, and his wife Shakun Devi, 60 years, visited AIIMS in Raipur, Chhattisgarh, for a check-up. They were dreading the worst, but were pleasantly surprised to come across HelpAge India’s Elder Help Desk as soon as they entered.

Our staff immediately got them wheelchairs and for the next few hours assisted them with every aspect of their hospital visit, from helping them get consultations with the doctors, to getting their tests done, and even accompanying them to the washroom.

Dharam Chand, who owns a cap manufacturing unit, was so moved by the care and concern that they received, that he decided to gift our staff caps, which he stitched with his own hands. He said, “I was so impressed by their selflessness and spirit of service, which is so rare to see these days. I wanted to reciprocate the kindness they had shown us in some way and so gave them caps to keep their beautiful minds and caring thoughts protected.”
HelpAge India received a call from Arasur village in Puducherry, on the toll-free 'Elderline' (14567), regarding a distressed elder staying outside a temple. Selvaraj, aged 70 years, had been seen there for nearly 10 days and his condition was worsening. Our Field Response Officer reached there immediately and tried to ask Selvaraj about his family and home, but he was unable to recollect anything. Our officer managed to convince him to move to an old age home.

With a roof over his head and nourishing food to eat, Selvaraj was able to regain his strength. Meanwhile, our officer left no stone unturned to find out about Selvaraj’s family. Soon, he discovered that Selvaraj was a native of Cuddalore, Tamil Nadu.

It was then decided to shift him to an old age home in Cuddalore with the hope that it would be easier to locate his family from there. Miraculously, once he was back on home ground, Selvaraj was able to recollect his exact address and family details. Our team was finally able to help Selvaraj get back home and reunite with his family. The family was immensely relieved and happy to have Selvaraj back where he belonged – with his loving wife and children.
At 4 am every morning, **102-year-old Lakshi Maity**, can be found buying vegetables in bulk in Kolaghat, a small town in West Bengal. She loads the vegetables into a rickshaw and arrives at the Haat (market) in Jogiberh village by 6 am to sell them.

Lakshi has been following this regimen ever since she lost her husband 48 years ago to a sudden illness. The family went days without eating. To ensure the survival of her children, Lakshi decided to carry forward her husband's vegetable vending business. But the going was tough until she joined one of HelpAge India's Elder-Self-Help-Groups, which provided a financial boost to her vegetable business in the form of seed money and also helped her son set up a tea and snacks vending business. Lakshi also financed her daughter's marriage and converted the family’s thatched hut into a pucca house.

Today, not only has the centenarian become self-sufficient, but she has also served as a fulcrum and catalyst for change for her son, daughter-in-law, two grandkids, and the larger community. She brings hope to thousands of older individuals who believe that life comes to an end at the age of 60. Lakshi is batting at 102 not out and has no plans of retiring anytime soon!
Biswanath Das, 66 years old, is a member of the Baba Rupnarayan Elder-Self-Help-Group (ESHG) under our Aalambana Project in Birbhum district, West Bengal, since 2019. He stays at Tantipara village, with his wife and three daughters, who are all married. He runs a stationery shop, the earnings of which are all he has to provide for him and his wife.

He came to know about the Digital Literacy Training for ESHG members being conducted by HelpAge India and requested to be enrolled. He regularly started attending classes and completed the curriculum. Earlier, he was not aware of the benefits of digital transactions, application and effective use of the internet. Now he knows how to make digital payments through his mobile phone and is aware of government schemes beneficial to him. He also knows how to book online train tickets (including availing senior citizen concessions), use emails and browse the web.

Now, Biswanath says he can make video calls to his daughters and help reduce his wife's loneliness. He has also started using digital transactions at his stationery shop, thus boosting his earnings. Today, he feels digitally literate and empowered!
COVID Vaccination Facilitation Drive Across the Country

The rising Covid cases and the devastating impact of the second wave, drove home the importance of immediate and intense focus on Covid vaccination of the elderly & poor community. With the government prioritizing elder vaccination, efforts to help fast track and support the government's drive were put in place. From countering vaccination hesitation, to increasing awareness, to helping elders register, to transporting and assisting them at vaccination centres were done, with the aim of safeguarding as many as possible against the deadly virus. Vaccination of more than 18 lakh elders and their community has been facilitated.
A Special COVID Care Centre Set-up

A first-of-its-kind rural COVID-19 Care Centre was set up in Jakhar village, Jamnagar, Gujarat, to help all those affected by the virus, during the second devastating wave of Covid 19. It was inaugurated virtually by the Chief Minister of Gujarat, Shri Vijay Rupani.

The COVID Care Centre with a 100-bed capacity was equipped with a multitude of facilities such as: 24x7 MBBS doctors, paramedics and attendants, ambulance service in case of any emergency, visit by a physician every day, Oxygen Cylinders & Concentrators, free medicines and food for the patients.
Mental Health Matters

As per World Health Organization (WHO) estimates, over 20% of older persons aged 60 and above, suffer from a mental or neurological disorders and 6.6% of all disability among people over 60 years is attributed to mental and neurological disorders. Among Indians, the most common psychological disorders include dementia and mood disorders, drug and alcohol abuse, delirium and psychosis. Furthermore, the COVID-19 pandemic and its severe restrictions exacerbated the negative impact on the mental wellbeing of the elder population. There, was a need for an institutionalizing assessment of the psychosocial needs of the older population, and to develop and implement large scale programs for the older population living in old age homes and in the community.

To this end, HelpAge India developed a mental health issue mitigation module to tackle mental health issues among older population, with the support of WHO in 2021. The module was based on the findings of surveys conducted in Delhi NCR. Mental health awareness sessions were conducted every day at project locations through our Mobile Healthcare Units. Team members such as the Unit’s doctor, Social Protection Officer and community worker were equipped through training sessions. Other than sessions by our team, a specialist too conducted workshops on the topic once a week, at old age homes and MHU sites.

Preventive measures were discussed as well, in terms of changes in diet, sleep and daily activities that can help the person from developing mental health issues. The sessions were interactive and the participants were actively engaged. A marked improvement in their physical activity, nutrition and daily habits was observed.
DISASTER RELIEF OUTREACH
Cyclone 'Yaas' in Odisha

Cyclone 'Yaas' left behind a trail of destruction as it battered the coastal district of Odisha in May 2021. More than 75 lakh people were affected and over 7 lakh people had to be evacuated, which was extremely challenging given the pandemic situation. This was a double blow for Odisha – a state which was already reeling under the Covid-19 pandemic. With no savings left and livelihoods lost, rural Odisha was struggling to cope with the devastation caused by the cyclone, they had become all but helpless.

HelpAge India’s disaster relief team was there in no time. Our livelihoods team had been working with elderly mobilized, through 55 Elder-Self-Help-Groups in 19 villages in the Kendrapada district of Odisha for the last seven years and already had a presence in the intervention areas. In a Rapid Needs Assessment undertaken by the HelpAge India team in consultation with our Elder-Self-Help-Groups/Village Level Federation and community-based organizations, the immediate survival requirements that were identified, were food and essential commodities, temporary shelters, solar lamps, bedding material etc.

As part of the response program, we started our intervention in the Gram Panchayats with 'Immediate Survival Food and Hygiene' packages consisting of daily essentials including rice, wheat flour, tur dal, chana dal, cooking oil, salt, sugar, nutritious supplement items like dalia and sattu powder, soya chunks and personal hygiene materials (bath soaps, detergent soaps and face masks). The project team ensured necessary coordination with local authorities for the completion of the relief work and ensured all COVID-19 protocols were maintained as well.
In a first-of-its-kind initiative, HelpAge India launched a unique Senior Care Facility in Shey village, Leh-Ladakh, in October 2021. Years of preparation by HelpAge India with the support of REC Foundation to create Aashraya (Gantsos Khang) an integrated model facility for needy & poor elderly, finally saw realization.

Shey, was chosen as the site for the home as it was one of the worst affected by the flash floods of 2010 and suffered a large number of casualties. HelpAge India was one of the first to reach the site to help with disaster relief. With our experience at Cuddalore, Tamil Nadu, of setting up the Tamaraikulam Elder's Village after the devastating Indian Ocean Tsunami in 2004, realising that elder victims of disasters have virtually nowhere to go, we realised that Shey too was in need of a similar intervention.

Following the Standard Operating Procedure (SOP) for all our other old age homes in India, 'Aashraya' has been set up to provide holistic care (medical, social and psychological), in an age friendly environment that promotes active ageing among our residents. The old age home is staffed with a manager, trained caregivers, experienced staff, a doctor and a physiotherapist.

In a short span of time, we have already made a big impact with our model home and were humbled to receive a 'Letter of Appreciation' by Hon'ble Chief Executive Councillor, Advocate Tashi Gyalson, Ladakh Autonomous Hill Development Council Leh. He wrote, “I acknowledge your dedication and sincere commitment in providing care to disadvantaged older persons. I also applaud your determination and selfless service, as you strive to ensure our elderly feel the old age home as their own Home.”

HelpAge India marked World Elder Abuse Awareness Day (June 15) by conducting 24 webinars across states & territories, with the release of a national research report titled 'The Silent Tormentor – Covid 19 & the Elderly'. The aim was to understand the impact of the pandemic on elders and their caregivers during the pandemic, covering those elders staying in their own home environment and those living in old age homes.

The report shed light on areas that needed focus and aspects that needed urgent corrective measures. The following are some key highlights from the report:

Salient Features

- 47.4% of elderly felt that their future was bleak.
- A feeling of despondency prevailed amongst most elders since the pandemic started, with many waiting for people to call them (35.7%), spending most of their time resting (36.5%), the day seeming to be too long for them (22.6%), wanting someone to be just with them (20.5%) and feeling trapped & frustrated (13.7%).
- 63.2% elders said that the lockdown has affected their communication with friends, families, neighbours and loved ones.
- 20.8% elders had lost either their family members or friends due to COVID-19. Of these, when asked what could have been done better to save their lives, majority that is 50.8% elders said a better medical / health infrastructure was needed, 44.4% said availability of vaccine and 38.7% said availability of medicines & injections on time was required.
- A stark reality was the financial dependency of elders on their family members which was 41.1%, with nearly 50% being female and 70.2% belonging to the age group of 80–89 years.
- 62.1% felt that during Covid19 the risk of getting abused had increased.
- Emotional abuse (60.1%) was the main form of abuse, followed by financial abuse (61.6%) and physical abuse (58.6%).
- 61.4% elders said that the 'work from home', affected their day-to-day routine. This sharply contrasts with the Caregiver perspective, 71.6% of whom said it did not affect the elder's day-to-day routine.
- For Caregivers who were 98% family members, 41.9% said their salary decreased during the pandemic, majorly in the 30 – 39 years' age group (48.4%). While, 25% said that they lost their jobs. 48.1% Caregivers said that they faced difficulty in managing their expenses.
Glimpses from on-ground Activities for World Elder Abuse Awareness Day

BIHAR
Elders gathered on the streets of Bhagwanpur Village of Supaul, Bihar, rallied to build awareness for the prevention of elder abuse in India, themed – There is No Excuse for Elder Abuse.

HIMACHAL PRADESH
Luhri-1 MHU marked World Elder Abuse Awareness Day in three sites - Datehya, Tundal and Sanaogi, by creating awareness on the importance of the day amongst the local elders and their community.

GUJARAT
Shri Ashish Bhatia, IPS, Director General & Inspector General of Police, Gujarat State (centre) released the report, along with Shri R. B. Brahmbhatt, IPS, Additional DG of Police, Gujarat (right) and Shri Nilesh Nalvaya, Jt. Director & State Head of Gujarat & Rajasthan, HelpAge India (left).

JAMMU AND KASHMIR
In Jammu, the report was released by Dr. Raghav Langer, Divisional Commissioner (right) in his office. Also present were Ms. Sunita Santoshi, Deputy Director, Jammu, HelpAge India along with her team.
MADHYA PRADESH
Shri Prateek Hajela - Principal Secretary, Social Justice and Disabled People Welfare Department, Govt. of Madhya Pradesh (right) and Shri Swatendra Kumar Singh, Director, Social Justice Department, Govt. of Madhya Pradesh, released the report. Also present were Ms. Sanskriti Gaur - State Head - Madhya Pradesh, HelpAge India (second from left) and Mr. Aayog Awasthi - Manager, HelpAge India, Madhya Pradesh.

TAMIL NADU
In Chennai, Tamil Nadu on the occasion of World Elder Abuse Awareness Day, the report was released by Thiru. Mahesh Kumar Aggarwal, I.P.S., Additional Director General of Police, Crime, Chennai along with Mr. Siva Kumar, State Head, Tamil Nadu, HelpAge India.

PUNJAB
The Student Action for Value Education (SAVE) Team in HelpAge India, Chandigarh organized an interaction with Gems International School, Karnal and residents of Old Age Home, Patiala over Zoom meetings. Children and elders did activities like dancing, singing, drawing, etc. together, to mark World Elder Abuse Awareness Day.
Campaigning to 'Build Back Better for the Elderly' on International Day of Older Persons (IDOP)

Commemorating the UN-designated 'International Day of Older Persons' (October 1), HelpAge India launched a national campaign 'Build Back Better for Elderly: Act Now - Health, Income, Dignity'. The campaign highlighted three prominent issues affecting country’s ageing population – 1) Health - ensuring 100% double dose COVID-19 vaccination for all elders, and to accelerate implementation of healthcare services for elderly, 2) Income - ensuring pension and livelihood opportunities and, 3) An Enabling Environment - by promoting digital literacy amongst elderly.

Glimpses from on-ground activities for International Day of Older Persons

CHHATTISGARH

An on-ground event was conducted in Raipur where the Chief Guest was Shri T. S. Singh Deo, Honorable Minister, Health & Rural Development, Govt. of Chhattisgarh.

KARNATAKA

The event in Bengaluru was attended by Honorable Chief Minister of Karnataka, Shri Basavaraj S Bommai, who also signed the pledge to #BuildBackBetter4Elders.

MADHYA PRADESH

The Madhya Pradesh 'Elderline' which is being operated by HelpAge India was launched on the occasion. The Chief Minister, Shivraj Singh Chouhan, announced the launch.
We support more than **2 million** elders across the country through our various programmes and initiatives.

We have facilitated the COVID-19 Vaccination of more than **18 lakh** elders and their community.

We conducted **72** mental health awareness workshops for residents and care givers.

We operate one of Asia’s largest mobile healthcare networks for elders, with **170** Mobile Healthcare Units operating across **2400** villages across, in **26** states and Union Territories.

We run a National Toll-Free Helpline service (**1800-180-1253**) operational in **16** locations across 15 States. We also run the Government supported national toll-free helpline - Elderline (**14567**), in **8** states and Union Territories. Through these we are able to rescue and rehabilitate poor abandoned elders.

Since 1980, we have conducted more than **12 lakh** cataract surgeries through tie-ups with reputed hospitals and medical centres, restoring elders their sight.

We have provided more than **1 lakh** elderly economic security, through more than **8000** Elder-Self-Help-Groups (ESHGs), **70%** of these ESHGs are now functioning independently – a sustainable income generation model. We are supporting the Ministry of Social Justice & Empowerment under its Action Groups Aimed at Social Reconstruction Program through a Technical Support Unit across **15** states and are the Technical Support Agency for the National Rural Livelihoods Mission.

We run **8** barrier free homes for the aged in 5 states and support more than **300** homes for the disadvantaged across India. We also run **18** Agecare centres in **4** States.

We provide Geriatric Care Assistance to elders through the HelpAge Help Desks set up at hospitals, currently operational at AIIMS (Delhi), AIIMS (Rishikesh), AIIMS (Raipur), Rajiv Gandhi Government General Hospital (Chennai) and Sanjay Gandhi Postgraduate Institute of Medical Sciences (Lucknow).

We have conducted over **3000** workshops across the country on digital literacy, legal & financial awareness sessions and on the 'Maintenance and Welfare of Parents and Senior Citizens Act, 2007' etc, reaching out to over **70,000** senior citizens through Senior Citizen Associations.

We also advocate with the Government for, age-friendly laws & policies such as - Maintenance and Welfare of Parents and Senior Citizens Act 2007, National Policy on Senior Citizens, adequate old age pension & healthcare and fight against elder abuse.

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Thank You! DONORS

SJVN FOUNDATION has extended stellar support to HelpAge's healthcare initiatives for over 9 years.

SJVN Foundation has consistently supported HelpAge India's healthcare initiatives for over 9 years, through project 'Satluj Sanjeevani Seva'. The Foundation, which commenced its support in 2013, has been supporting 14 Mobile Healthcare Units in the 4 States of Himachal Pradesh, Uttarakhand, Bihar, and Maharashtra. SJVNF has also supported Health Camps and a physiotherapy centre. The Foundation’s support has enabled HelpAge to reach elders and communities in remote and hard-to-reach areas.

RURAL INDIA SUPPORTING TRUST supported Mobile Healthcare interventions.

Rural India Supporting Trust has been consistently supporting HelpAge India's healthcare interventions for over 5 years. RIST supported 15 Mobile Healthcare Units (MHUs) across Telangana, Uttarakhand and Punjab, and a Stationary Health Centre at Punjab.

THE HONGKONG BANK FOUNDATION supported Covid vaccination efforts.

The Hong Kong Bank Foundation supported an extensive COVID vaccination programme across the country, stepping in at a very crucial time of the Covid-19 pandemic, to enable access to free vaccination for needy persons.

BANK JULIUS BAER & CO. LTD. supported Covid vaccination drive.

Bank Julius Baer stepped in at the most crucial moment to support large scale Covid-19 vaccination of needy community members across the country.
Adani Foundation has been supporting 8 Mobile Healthcare Units and 1 Stationary Healthcare Centre at 6 locations across India, i.e. Katupalli, Raigarh, Dhamra, Godda, Kawai and Tiroda, enabling HelpAge India to bring essential primary healthcare to the doorsteps of the poor and needy elders and the communities they live in.

Asian Paints is one of HelpAge India’s oldest and most consistent CSR partners. The company supported 7 Mobile Healthcare Units at Kasna (Uttar Pradesh), Khandala (Maharashtra), Sripurumbudur (Tamil Nadu), Rohtak (Haryana), Patancheru (Andhra Pradesh), Mysore (Karnataka), Ankleshwar (Gujarat), and 4 Stationary Health Centres in Cuddalore. Asian Paints has supported other projects in the past, such as Vision Restoration, Physiotherapy, and Covid Relief via provision of essential care items, recovery kits, Oxygen concentrators and ventilators.

NATIONAL STOCK EXCHANGE has extensively supported livelihood initiatives

NSE Foundation has given consistent support to HelpAge India’s livelihood programme, primarily focusing on the empowerment of needy elders through Social, Financial and Health Inclusion. The programme follows the proven and successful model of Elder-Self-Help-Groups and their higher order federations, helping bring dignity and independence to needy elders and the communities they live in.

Adani Foundation has been supporting 8 Mobile Healthcare Units and 1 Stationary Healthcare Centre at 6 locations across India, i.e. Katupalli, Raigarh, Dhamra, Godda, Kawai and Tiroda, enabling HelpAge India to bring essential primary healthcare to the doorsteps of the poor and needy elders and the communities they live in.

ADANI FOUNDATION has supported Mobile Healthcare for nearly a decade

ASIAN PAINTS LIMITED has supported HelpAge India’s work in healthcare & agecare for 18 years

CIPLA FOUNDATION has been a consistent supporter of numerous key initiatives

CIPLA Foundation supported 7 Mobile Healthcare Units at Patalkanga, Baddi, Bommasandra, Indore, Satara, and Kurkhumbe, as well as a Help Desk at Sanjay Gandhi Postgraduate Institute of Medical Sciences in Lucknow and HelpAge’s flood and disaster relief interventions in Maharashtra, Tamil Nadu, Odisha and Kerala.

CIPLA FOUNDATION has been a consistent supporter of numerous key initiatives

NSE Foundation has given consistent support to HelpAge India’s livelihood programme, primarily focusing on the empowerment of needy elders through Social, Financial and Health Inclusion. The programme follows the proven and successful model of Elder-Self-Help-Groups and their higher order federations, helping bring dignity and independence to needy elders and the communities they live in.
Fullerton India Credit Co. Ltd. started its support towards HelpAge India with one Mobile Healthcare Unit at Godhra, and has now expanded its support via more Units at Chamrajnagar, Padra, Raichur, and Titlagarh. Fullerton also supported Covid Relief initiatives of HelpAge India.

Isthmus Industries, which started its support via 1 Mobile Healthcare Unit at Rampur, UP, now support 3 Units at Rampur and Moradabad, bringing much needed essential primary healthcare to a highly populated community in need.

Teva API and its affiliate companies have been supporting 5 of HelpAge India’s Mobile Healthcare Units at Malanpur, Gajraula, Goa, Ambernath, and Chennai. In the past, TEVA and its affiliates have also supported HelpAge’s Vision Restoration Programmes and Disaster Relief Interventions.

REC Foundation has supported the construction and set up of a model senior care facility at Shey village, Leh-Ladakh. A home for disadvantaged elders, it has been designed to withstand the cold climate of the region and provides a warm and safe haven for them.

REC Foundation supported the construction of the first Senior Care Facility in Leh-Ladakh.

Teva API INDIA PVT. LTD. and its Affiliate Companies have been supporting HelpAge India's healthcare initiatives.

FULLERTON INDIA CREDIT CO. LTD. supported healthcare initiatives and Covid relief.

ISTRHUM INDUSTRIES PRIVATE LIMITED supported Mobile Healthcare interventions.

REC FOUNDATION supported the construction of the first Senior Care Facility in Leh-Ladakh.

TEVA API INDIA PVT. LTD. and its Affiliate Companies have been supporting HelpAge India's healthcare initiatives.

ISTRHUM INDUSTRIES PRIVATE LIMITED supported Mobile Healthcare interventions.

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FULLERTON INDIA CREDIT CO. LTD. supported healthcare initiatives and Covid relief.

ISTRHUM INDUSTRIES PRIVATE LIMITED supported Mobile Healthcare interventions.

TEVA API INDIA PVT. LTD. and its Affiliate Companies have been supporting HelpAge India's healthcare initiatives.
**ABB supports HelpAge India’s Healthcare initiatives via 4 Mobile Healthcare Units at Delhi - NCR, Maharashtra, Gujarat, and Karnataka.**

**Abb India Foundation** supported 4 Mobile Healthcare services in 4 states

**NALCO Foundation** supported Mobile Healthcare services in Odisha

NALCO Foundation supported 4 Mobile Healthcare Units in Angul and Koraput, Odisha, enabling HelpAge India to bring healthcare to the doorsteps of the unreached.

**HFCL Social Services Society** has been consistently supporting 3 Mobile Healthcare Units at Solan, Sardarshahar, and Goa. The Unit at Solan is a Specialized Mobile Medicare Unit with diagnostic facilities.

**Sun TV Network Limited** supported Mobile Healthcare initiatives

**SUN TV Foundation** supported 2 Mobile Healthcare Units at Madurai and Tirunelveli in Tamil Nadu.

HFCL Social Services Society continues to support HelpAge’s healthcare initiatives for over 7 years.

HFCL Social Services Society has been consistently supporting 3 Mobile Healthcare Units at Solan, Sardarshahar, and Goa. The Unit at Solan is a Specialized Mobile Medicare Unit with diagnostic facilities.
**GHCL Foundation Trust** supported 5 Mobile Health Care Units at Madurai, Mandvi, Sutrapada, Junagarh, and Rajula.

**Shyam Steel Industries Limited** supported Mobile Healthcare initiatives.

KBR Engineering & Construction India Pvt. Ltd. came on board as a new partner of HelpAge India to support 3 Mobile Healthcare Units in Chennai, Pune and Gurugram.

**HDFC Life supported** HelpAge's Support a Gran Programme via provision of rations, basic needs, financial and medical support to the most destitute elders.

**GHCL Foundation Trust** supported the Mobile Healthcare programme.

**Shyam Steel Industries Limited** has been consistently supporting 2 Mobile Healthcare Units at Durgapur, West Bengal, for nearly 5 years.

**HDFC Life Insurance Company Ltd.** supported Support a Gran programme.
IHS Global restored vision to 2000 needy elders across Karnataka, via support towards free cataract surgeries.

HL Somany Foundation supported 1 Mobile Healthcare Unit at Morbi, and also HelpAge India’s Restoration of Vision programme via 800 cataract surgeries at Kadi.

Nayara Energy Ltd. supported 1 Mobile Healthcare Unit and a Stationary Health Centre at Jhakkar, Gujarat.

CPCL supported 2 Mobile Healthcare Units at Nagapattinam and Ramanathapuram, Tamil Nadu.

NAYARA ENERGY LIMITED supported the Mobile Healthcare programme

CHENNAI PETROLEUM CORPORATION LIMITED supported the Mobile Healthcare programme

IHS GLOBAL PRIVATE LIMITED supported the restoration of vision programme

HL SOMANY FOUNDATION supported the Mobile Healthcare & Restoration of Vision programme
L&T MHI Power Boilers Private Limited supports 2 Mobile Healthcare Units in Khurja (Uttar Pradesh) and Faridabad (Haryana).

CORPORATES, TRUSTS & FOUNDATIONS

- ABB INDIA FOUNDATION
- ACCENTURE SOLUTIONS PRIVATE LIMITED
- ADANI FOUNDATION
- ADANI VIZhinjam PORT PVT LTD
- ANZ OPERATIONS & TECHNOLOGY PVT LTD
- ARCELSMALL NIPPON STEEL INDIA LIMITED
- ARCesium INDIA PRIVATE LIMITED
- ARIBA TECHNOLOGIES INDIA PRIVATE LIMITED
- ARISTA NETWORKS INDIA PVT LTD
- ARS STEELS & ALLOY INTERNATIONAL PVT LTD
- ASIAN PAINTS LTD
- ATHULya ASSISTED LIVING PRIVATE LIMITED
- AUTOTECH INDUSTRIES INDIA PVT. LIMITED
- AXIS BANK FOUNDATION
- B C JINDAL FOUNDATION
- BALMER LAWRIE & CO LTD
- BANDHAN BANK LIMITED
- BANK JULIUS BAER & CO. LTD.
- BHARAT ALUMINIUM COMPANY LIMITED
- BHARAT HEAVE ELECTRICALS LIMITED
- BLACKROCK SERVICES INDIA PRIVATE LIMITED
- BLOOMSBURY PUBLISHING PLC
- CAIRN FOUNDATION
- CALLIDUSCLOUD INDIA PRIVATE LIMITED
- CENTURYWELLS ROOFING INDIA PRIVATE LIMITED
- CHARITIES AID FOUNDATION INDIA
- CHEK POINT SOFTWARE TECHNOLOGIES INDIA PRIVATE LIMITED
- CHENNAI PETROLEUM CORPORATION LIMITED
- CIPLA FOUNDATION
- CITIBANK N A
- CITICORP FINANCE INDIA LIMITED
- CITICORP SERVICES INDIA PRIVATE LIMITED
- CITICORP GLOBAL MARKETS INDIA PRIVATE LIMITED
- COGNITANT TECHNOLOGY SOLUTIONS INDIA PRIVATE LIMITED
- CONCUR TECHNOLOGIES INDIA PRIVATE LIMITED
- COVESTRO (INDIA) PRIVATE LIMITED
- DELHI INTERNATIONAL AIRPORT LIMITED
- DELHI METRO RAIL CORPORATION
- DEUTSCH INDIA POWER CONNECTORS PVT LTD.
- DRI INDIA RELAYS PRIVATE LIMITED
- E I D PARRY (INDIA) LTD.
- ELECTRO ZAVOD (INDIA) PVT. LTD.
- EMMAl LIMITED
- FIRST GLOBAL STOCK BROKING PVT LTD
- FIRSTstrand SERVICES PRIVATE LIMITED
- FIS GLOBAL BUSINESS SOLUTIONS INDIA PVT LTD
- FIS SOLUTIONS (INDIA) PVT LTD
- FOUNDATION FOR CSR @ REDINGTON
- FUJITSU CONSULTING INDIA PRIVATE LIMITED
- FULLERTON INDIA CREDIT CO LTD
- GHCL FOUNDATION TRUST
- GMR GOA INTERNATIONAL AIRPORT LIMITED
- GMR VARALAKSHMI FOUNDATION
- GMR WARORA ENERGY LIMITED
- GREEN GAS LIMITED
- GUJARAT FLUOROCHEMICALS LIMITED
- GUTS ELECTRO-MECH LTD
- H L SOMANY FOUNDATION
- HARSHA TRUST
- HDFC LIFE INSURANCE COMPANY LTD
- HEALTH CARE ENERGY FOODS PRIVATE LIMITED
- HEIDELBERG PROMINENT FLUID CONTROLS INDIA PVT LTD
- HFCL SOCIAL SERVICES SOCIETY
- HIE CAPITAL TECHNOLOGIES
- HINDUSTAN COLAS PRIVATE LIMITED
- HINDUSTAN LEVER EDUCATIONAL & WELFARE TRUST
- HINDUSTAN UNILEVER LIMITED
- HI-TECH ARAI PRIVATE LTD
- HMD MOBILE INDIA PRIVATE LIMITED
- HUSKY INJECTION MOLDING SYSTEMS (INDIA) PRIVATE LIMITED
- ICICI SECURITIES LIMITED
- IHS GLOBAL PRIVATE LIMITED
- INFOR (INDIA) PRIVATE LIMITED
- INFORMATICA BUSINESS SOLUTIONS PRIVATE LIMITED
EDUCATIONAL INSTITUTIONS

- ST. KAREN’S PRIMARY SCHOOL, PATNA
- ST KAREN’S MONTESSORI SCHOOL, PATNA
- ST KAREN’S COLLEGIATE SCHOOL, PATNA
- KENDRIYA VIDYALAYA, MYSORE
- DR. VIRENDRA SWARUP EDUCATION CENTRE - KIDWAI NAGAR, KANPUR
- SHREE BHAGWATI HIGH SCHOOL, PERNEM
- RYAN INTERNATIONAL SCHOOL, AMRITSAR
- SRR & CVR GOVT DEGREE COLLEGE, VIJAYWADA
- TAKI HOUSE GOVT. SPONSORED GIRLS’ HIGH SCHOOL, KOLKATA
- SIDDHARTH INTERNATIONAL SCHOOL, DELHI
- POLICE DAV PUBLIC SCHOOL, JALANDHAR
- ELSIE MAT. HR. SEC. SCHOOL, COMBATORE
- ASIAN INTERNATIONAL SCHOOL, HOWRAH
# INDIVIDUALS AND ORGANISATIONS

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<td>Anuradha Joshi DURGAPAL, NEW DELHI</td>
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• SHIV KUMAR MISRA, NEW DELHI
• SHIV KUMAR, NEW DELHI
• SHIVANANDA ELECTRONICS, NASIK
• SHIVRAJ SINGH, RAIPUR
• SHIVRAJ SINGH, RAIPUR
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• SUDHIR WASLIEDE KAMAT, MUMBAI
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• SWATI ZAWAR, MUMBAI
our large donor base.

The above lists are
FINANCIAL SNAPSHOTs 2021-22

WHERE OUR MONEY CAME FROM

- Individuals: 26%
- Corporates: 56%
- Institutions: 13%
- Other Income: 6%

Gross income of HelpAge in 2021-22 was Rs 126.38 crores, which is 42.72% higher than the Gross Income in 2020-21.

HOW MONEY WAS USED

- Programmes: 87%
- Fund Raising: 8%
- Administration: 2%
- Depreciation: 3%

ON WHAT PROGRAMMES WAS THE MONEY SPENT

- Health: 52%
- Social Protection: 8%
- Disaster Management: 6%
- Age care Programme: 20%
- Social Mobilisation: 6%
- Project Implementation: 8%

Note: HelpAge India’s Annual Report and full Audited Accounts are also available online at www.helpageindia.org

GOVERNING BODY

Mr. Kiran Karnik
Chairperson
Ms. Rumjhum Chatterjee
Vice Chairperson
Mr. Arun Nanda
Hon. Treasurer
Mr. J. C. Luther
Mr. Arun Seth
Mr. Pramod Bhasin
Mr. K.T. Chacko
Mr. Kaushik Dutta
Ms. Gita Nayyar
Ms. Radhika Bharat Ram
Mr. Rohit Prasad
CEO & Ex-officio Member

(As of September 2022)

HELPAGE INDIA’S MISSION

To work for the cause and care of disadvantaged older persons and to improve their quality of life.
Telefax: 011 – 26852916. Email: headoffice@helpageindia.org

Detailed Accounts with Schedules & Audit Report are available at the Head Office. Also available online at www.helpageindia.org

The Government of India has recognised HelpAge India’s work by according donations made to it eligible for tax exemption.